

Food

Award: GCSE

Board: Eduqas

Structure of the Examination

Component 1: Principles of Food Preparation and Nutrition

Written examination: 1 hour 45 minutes - **50% of qualification.**

Component 2: Food Preparation and Nutrition in Action - **50% of qualification.**

Non-examination assessment: internally assessed, externally moderated.

Assessment Methods

Assessment 1: 8 hours. Investigate into the functional and chemical properties of food. An example task could be – ‘Flour is available in several different types. Investigate the working characteristics and the functional and chemical properties of three different flours, creating a product from each type of flour that show the best use for that flour.’

Assessment 2: 12 hours. Food preparation- An example task could be – ‘You are trying to encourage teenagers to eat more fruit and vegetables. Research, prepare and cook a selection of dishes that show the use of fruit and vegetables, and produce three dishes that will appeal to teenagers.’