

# Parent Peer Support Group

## What is the Parent Peer Support Group?

An informal space for parents & carers to share their experiences of supporting children with Emotional and Mental Health difficulties with like-minded people, alongside the support of our teams

## Our Teams are happy to offer one to one advice during the session .....

- Anthony Seddon
- Tameside Parenting Team
- Action Together

**When:** Thursday 11<sup>th</sup> December 2025 - 9.30 – 11.30

**When:** Second Thursday of the month **Time:** 9.30 – 11.30 (drop in any time)

**Where:** The Anthony Seddon Centre, George Street, Ashton-Under-Lyne

## Refreshments available

**Either just turn up or for more information contact either:**

Anita McQuillan: [Anita.McQuillan@tameside.gov.uk](mailto:Anita.McQuillan@tameside.gov.uk)

Sue Brookes: [Sue.Brookes@actiontogether.org.uk](mailto:Sue.Brookes@actiontogether.org.uk)



