



Matthew 18:21-35

EDUCATION

'I do not say to you seven times, but seventy times seven.'



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Lord,

**Help us to look after one another,
to speak up when something isn't right,
and to make sure everyone feels safe, valued and respected.
Guide us to be kind, courageous and caring in all that we do.**

Amen

Stay with us, Lord, on our Journey



Be Safe, be Happy Achieve!!!
Do you have any Worries or Concerns?
Are you Sad, Angry or Scared?
You are not alone - speak to the

SAFEGUARDING TEAM

	Miss O'Mullane
	Miss Kirk
	Mrs Worsley
	Miss Nolan
	Mr Townsend
	Mr Wright
	Miss Waddock
	Miss Frain

No appointment needed before or after school
By appointment at break time
Or Whisper - inform by email

Who do I speak to if I need support?

Staff in room 41.

Ms O'Mullane in the Science block

Mr Townsend room 36

Heads of Year in the HOY Office in Roper.

Ms Waddock Roper near room 26 and 27.

Senior Leadership Team

Admin Team

Tutors

Teachers



Why is privacy online important?



Every time we share something online we add a bit more information about ourselves to the online world. This includes posting a photo, writing a comment or liking someone's video.



The trail of information we create when we share things online is often called our 'digital footprint'.



People we know, and people we don't know, can see our digital footprint and use it to learn more about us.



This means sometimes people can see things online or learn things about us we don't want them to see or know.

THINK BEFORE YOU



Is It **T**TRUE?

Is It **H**ELPFUL?

Is It **I**NSPIRING?

Is It **N**ECCESSARY?

Is It **K**IND?



How can I protect my privacy online?



You can take control of your digital footprint by using privacy settings.



Privacy settings help you to choose who can see what you post and share.



Privacy settings are usually located under 'Settings' or 'My Account' on devices, apps and websites.

Tips for protecting your privacy online



1

Know who you are sharing your information with. Think about who you want to be able to see what you are posting.

2

Know what you look like online. Google yourself to see what other people can find about you.

3

Remember that what your friends post affects you too. Things they post about you adds to your digital footprint.

4

Review your social media profiles regularly. See if there is anything you want to delete or that you'd rather no one else could see.

5

Delete old accounts. These might have old pictures, videos or information you no longer want to share with the online world.

Respecting Other Pupils



Why is respect important?

Where do we draw the line between acceptable language and unacceptable language?



Banter or Bullying?

There is no place for banter in our community.

Warning signs

It's not always easy to tell the difference between someone genuine and someone with bad intentions online. Remember to trust your instincts and seek help if things don't feel right.

Here are some warning signs to look out for when talking to new people online.

It seems too good to be true.

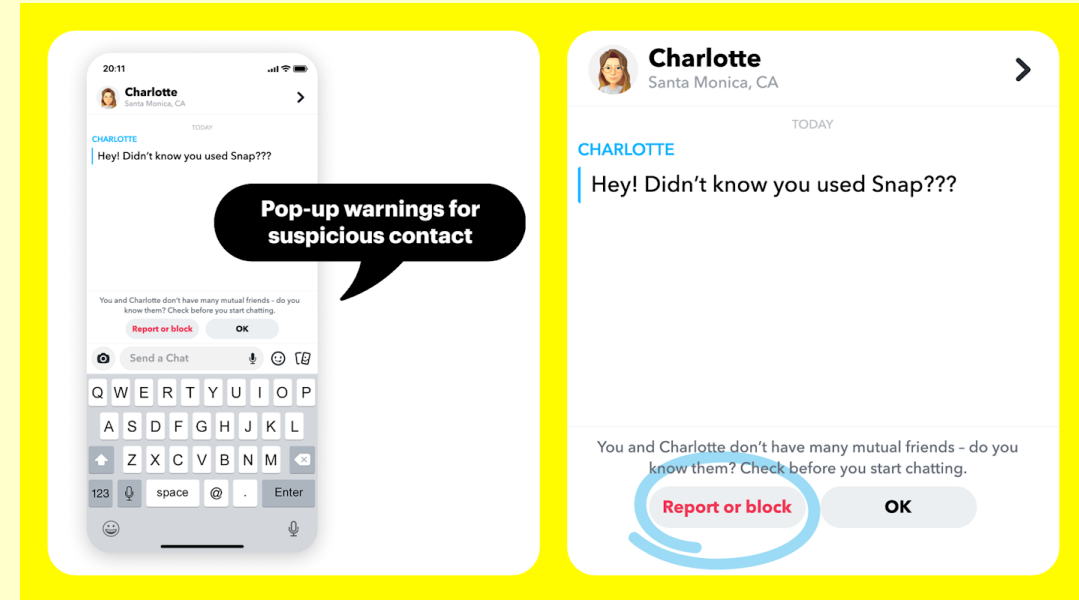
They seem to share all of your interests, agree with everything you say, and pay you lots of attention and compliments. They might be trying to make you feel special to gain your trust.

They send lots of messages.

They send lots of messages in a short period of time, sometimes across different platforms.

They send you inappropriate messages.

These could be flirty and at first, for example saying things about the way you look. But they may try to get you to talk about sex or ask you to send inappropriate images. They might send you inappropriate images of themselves first.



Snapchat most-used app for grooming, says NSPCC



Warning signs

They try to keep the conversation private.

They ask you to move your conversation somewhere more private, like WhatsApp or Snapchat, or ask you not to tell anyone that you are chatting. They might say you'll get in trouble if you don't keep your chat a secret.

They try to blackmail you.

They say that something bad will happen or they'll stop talking to you if you don't do what they tell you to. If you've already sent images and videos to them, they might threaten to share these with other people.

They avoid video or phone calls.

They say their camera or phone is broken. This might be a sign that they're hiding who they really are. Even if you do see someone on camera, be aware that it is still possible that the video you saw was fake.



Staying safer when chatting online

- ✓ Keep chats in public spaces where others can see your conversations
- ✓ Don't share personal information like your full name, address or where you go to school
- ✓ Speak to an adult you trust if someone has asked you to do something you aren't comfortable with



Stay safe online

1. Don't post any **personal information** online.
2. Think carefully before posting **pictures or videos** of yourself.
3. Do not **take inappropriate** images or videos.
4. Do not **share inappropriate** images or videos.
5. Keep your **privacy** settings as high as possible.
6. Never give out your **passwords**.
7. Don't **befriend** people you don't know.
8. Don't **meet up** with people you've met online.
9. **Respect** other people's views.
10. If you see something online that makes you feel uncomfortable, unsafe or worried – **REPORT IT.**

The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.

Bullying is often aimed at certain people because of their race, religion, gender, sexual orientation or any other aspect such as appearance or disability.

Bullying can take many forms including:

- **Physical** – for example: pushing, poking, kicking, hitting, biting, pinching
- **Verbal** – for example: name-calling, sarcasm, spreading rumours, threats, teasing, belittling.
- **Emotional** – for examples: isolating others, tormenting, hiding books, threatening gestures, ridicule, humiliation, intimidating, excluding, manipulation and coercion.
- **Sexual** – for example: unwanted physical contact, inappropriate touching, abusive comments, homophobic abuse, exposure to inappropriate films
- **Online/cyber** – for example: posting on social media, sharing photos, sending nasty text messages, social exclusion





ANTI-BULLYING
ALLIANCE



If you're being bullied:



Tell
someone
you trust



Keep a
record of
what's
happening



Don't
retaliate



Surround
yourself with
people
that make
you feel good



Don't blame
yourself - it
is NOT your
fault



Be proud
of who
you are

Racist or other incidents of a discriminatory nature including incidents of a verbal nature. St Thomas More RC College is an inclusive community and **we do not tolerate incidents of a racist or discriminatory nature against any individual or group.**

All individuals are welcomed into our school and we believe in equality of opportunity for all. ***Incidents of a racist or discriminatory nature against any individual or group have no place in our community, students are encouraged to report any incidents to staff so that any incident can be dealt with appropriately.***

Racist and Discriminatory abuse including the use of **offensive terms** and language is illegal in wider society and to reflect the serious nature of any such incident a Senior Member of staff will be consulted on the appropriate action to be taken following a racist or discriminatory incident.



NSPCC Helpline

 0808 800 5000

 help@nspcc.org.uk

Search
'NSPCC Helpline'



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