

St Thomas More RC College Curriculum Topic Overview commencing September 2020

Subject: Physical Education – CNat Sport Year Group 10

Week	Autumn – Module RO51 Contemporary Issues in Sport – Exam Jan 2021
1	LO1 – user groups
2	LO1 – barriers and solutions
3	LO1 – factors impacting on popularity
4	LO1 – how factors impacting on popularity relate to sport
5	LO1 – current trends in the popularity of different sports in the UK
6	LO1 – growth of new/emerging sports and activities in the UK
7	LO2 – values promoted through sport/ the Olympic and Paralympic movements
8	LO2 – other initiatives and events which promote values through sport
9	LO2 – the importance of etiquette and sporting behaviour
10	LO2 – the use of performance enhancing drugs in sport
11	LO2 – features of major sporting events
12	LO3 – potential benefits/drawbacks of hosting a major sporting event
13	LO3 – the links between the potential benefits and drawbacks and legacy
14	LO4 – what governing bodies in sport do and their promotion
15	LO4 – governing body development, infrastructure, policies , initiatives and funding

Spring	Spring – Module RO51 Contemporary Issues in Sport – Exam Jan 2021
16	Revision
17	Exam
18	Spring – RO53 Sports Leadership
19	LO1 – leadership roles and responsibilities
20	LO1 – role – related responsibilities
21	LO1 – personal qualities of leadership
22	LO1 – leadership styles
23	LO2 – key considerations when planning sports activity sessions
24	LO2 – safety considerations when planning sports activity sessions
25	LO3 – safe practice
26	LO3 – delivery style and adaptability
27	LO3 – motivation techniques

Week	Summer – RO53 Sports Leadership
28	LO3 – communication skills
29	LO3 – motivation techniques
30	LO4 – aspects to consider in evaluating planning and delivery of a sports session
31	LO4 – review of what well, what did no go too well and what could be improved
32	Summer – RO56 Developing knowledge and skills in OAA
33	LO4 – care and use of equipment
34	LO4 – safe practice
35	LO4 – communication skills
36	LO4 – decision-making skills
37	LO4 – team-working skills
38	LO4 – problem-solving skills
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