

St Thomas More RC College Curriculum Topic Overview commencing September 2020

Subject: Cambridge National Sport Studies Year 11

Week	Autumn
	<b>Term 1 (Coursework) Sports Leadership</b>
1	<b>Introduce learning Objective 1: Know the personal qualities, styles, roles and responsibilities of sports leaders.</b> - The different leadership roles and responsibilities in sport
2	- Role related responsibilities
3	- Personal qualities which relate to leadership roles
4	- Leadership styles
5	<b>Learning objective 2: Be able to plan sports activity sessions</b> - Safety considerations when planning sports activity sessions
6	- Safety considerations when planning sports activity sessions
7	- Key considerations when planning sports activity sessions
8	- Key considerations when planning sports activity sessions
	<b>Term 2 (Exam preparation)</b>
9	<b>Learning objective 1: Understand the issues which affect participation in sport</b> - The different user groups who may participate in sport - The barriers these groups face to participation - Solutions to these barriers
10	- How the factors which impact upon the popularity of different sports in the UK - Current trends in the popularity of different sports in the UK - Growth of new/emerging sports and activities in the UK
11	<b>Learning Objective 2: Know about the role of sport in promoting values</b> - Values which can be promoted through sport - The Olympic and Paralympic movements - Other initiatives and events which promote values through sport - The importance of etiquette and sporting behaviour of both performers and spectators
12	- The use of performance enhancing drugs
13	<b>Learning Objective 3: Understand the importance of hosting major sporting events</b> - The features of major sporting events - The potential benefits and drawbacks of cities/ countries hosting major sporting events - Links between potential benefits and drawbacks and legacy
14	<b>Learning objective 4: Know about the role of national governing bodies in sport</b> - What governing bodies in sport do - Governing bodies promotion, development
15	- Governing bodies infrastructure, policies, initiatives, funding and support.
	<b>Spring</b>
16	<b>Term 3 (Coursework) Sports Leadership</b>
17	<b>Learning Objective 4: Be able to evaluate own performance in delivering a sports activity session</b>

	- Aspects to consider in evaluating planning and delivery of a sports activity session, including what went well, what did not go so well and what could be improved for the future
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Week	Summer
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