

St Thomas More RC College Curriculum Topic Overview commencing September 2021

Subject: CPSHE Year Group: 7

Week	Autumn
1	What is Citizenship?
2	What is an active citizen?
3	Why do we need rules?
4	What does fairness mean?
5	What is a democratic community?
6	How can we get involved in our school community?
7	What does identity mean?
8	How do identities change?
9	What are communities like?
10	How are communities changing?
11	How are we all connected? (UK)
12	How are we all connected? (International, global)
13	What is news?
14	What responsibilities does the media have?
15	What is the role of the media in a democracy?

Week	Spring
16	How does the media hold those in power to account?
17	Should we believe everything we read?
18	Does the media create more harm than good?
19	What is prejudice and discrimination?
20	What are the effects of discrimination on individuals and groups in society?
21	What is the best way to look after money?
22	How can we pay for things?
23	What are the implications of borrowing money?
24	How can we keep track of our money?
25	Where can we save money?
26	What are our rights as consumers?
27	Committed, stable relationships

Week	Summer
28	Positive relationships for raising a child
29	Wider family relationships
30	Positive and healthy friendships
31	Respecting difference
32	Boundaries, privacy and consent
33	Conflict and reconciliation
34	Ending friendships/relationships
35	Personal hygiene
36	Dental care
37	Immune system
38	First aid: Assessing a casualty
39	First aid: CPR

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Subject CPSHE Year Group 8

Week	Autumn
1	What rights are we entitled to?
2	
3	What does a right to education really mean?
4	
5	What can I do as a citizen to protect the rights of others?
6	
7	How do we protect the right to health?
8	
9	Are you getting your right to reliable and accurate information?
10	
11	Deliberative debate: How well are children's rights protected and supported in the UK?
12	
13	How is local government different to national government?
14	
15	What do local councils do?

Week	Spring
16	
17	What is the role of the local councillor?
18	
19	How do local elections work?
20	
21	Why is registering to vote so important?
22	
23	How can young people be involved in local decision making?
24	
25	What are laws?
26	
27	How are laws made? Civil vs Criminal law

Week	Summer
28	
29	Can citizens change laws?
30	
31	Should the age of criminal responsibility be changed?
32	
33	How is the criminal justice system applied to young people?
34	
35	Deliberative debate: Should we review the age of criminal responsibility?
36	
37	What is the Equality Act (2010)?
38	
39	

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Subject CPSHE

Year Group 9

Week	Autumn
1	What is a community?
2	
3	What roles does our school play in our local community?
4	
5	What do charities, NGOs and groups do in our local community?
6	
7	How can citizens get involved in community change?
8	
9	What can we do as active citizens to improve our community? (Part I)
10	
11	What can we do as active citizens to improve our community? (Part II)
12	
13	What is the difference between government and parliament?
14	
15	How do elections work?

Week	Spring
16	
17	What do political parties do?
18	
19	What do MPs do?
20	
21	How is the UK government organised?
22	
23	How does devolved government work?
24	
25	Why do people migrate?
26	
27	What is the relationship between climate change and migration?

Week	Summer
28	
29	Is the conflict in Syria a children's rights issue?
30	
31	What support is available for migrants?
32	
33	Should migration be controlled?
34	
35	How does migration affect communities?
36	
37	What is digital citizenship?
38	
39	Can voter engagement be improved through digital participation?

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Subject CPSHE Year Group 10

Week	Autumn
1	What are rights and where do they come from?
2	
3	What is the right to protest within a democracy with the rule of law?
4	
5	What change has protest achieved?
6	
7	What are changemakers?
8	
9	Should protesters ever break the law?
10	
11	What are pressure groups?
12	
13	What is the role of the media in a democracy?
14	
15	What is responsible journalism?

Week	Spring
16	How well does the media hold those in power to account?
17	
18	What is misinformation and what can we do about it?
19	
20	Should the media ever be censored?
21	
22	What are rights and where do they come from?
23	
24	What is the right to protest within a democracy with the rule of law?
25	
26	What change has protest achieved?
27	

Week	Summer
28	What are changemakers?
29	
30	Should protesters ever break the law?
31	
32	What are pressure groups?
33	
34	What is the role of the media in a democracy?
35	
36	What is responsible journalism?
37	
38	
39	

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Subject CPSHE Year Group 11

Week	Autumn
1	Coping with exam stress/anxiety
2	
3	Breaking down mental health stigma
4	
5	Panic disorder/panic attacks
6	
7	Everyday stressors and triggers in adult life
8	
9	Post-traumatic stress disorder (PTSD)
10	
11	Social Anxiety Disorder (SAD)
12	
13	Maintain positive mental health into adulthood
14	
15	Maintaining a healthy lifestyle

Week	Spring
16	
17	Physical activity and positive mental wellbeing
18	
19	Being a donor – science to inform choices
20	
21	Coping with exam stress/anxiety
22	
23	Breaking down mental health stigma
24	
25	Panic disorder/panic attacks
26	
27	Social Anxiety Disorder (SAD)

Week	Summer
28	Maintain positive mental health into adulthood
29	
30	Maintaining a healthy lifestyle
31	