



THE STM CAREERS

STANDARD

**BLACK
HISTORY
MONTH**

**OCT
2020
VOL. 3**

All the latest news and insights into the world of careers for St Thomas More RC College pupils

FREE



@stm_cpshc



PERFORMING ARTS SPECIAL

In Volume 3, you will be able to read about Connor who is a professional contemporary dancer. Learn about the importance of Drama as a subject which can help you grow and develop critical skills to be an active, creative and empathetic citizen!

INSIDE

MEET THE TEAM

ALL ABOUT BEING: A
PROFESSIONAL
DANCER

MEET A
CONTEMPORARY
DANCER

THE CLOSING CURTAIN

MEET MRS DORAN

THE EARTH IS NOT FLAT!

STM ALUMNI

SHOUT-OUTS

AND MUCH MORE!

OCTOBER IS BLACK HISTORY MONTH



VISIT

[HTTPS://WWW.BLACKHISTORYMONTH.ORG.UK/](https://www.blackhistorymonth.org.uk/)
TO ACCESS A RANGE OF RESOURCES TO
EXPLORE BLACK HISTORY

MEET THE STM CAREERS STANDARD EDITORIAL TEAM



Amber Jones

My name's Amber and I like being artistic and painting in my free time. I also like Maths and Science. When i'm older I would like to be a psychologist and I would have to go to university for that. I am really interested in the human brain and what causes us to make decisions the way we do.



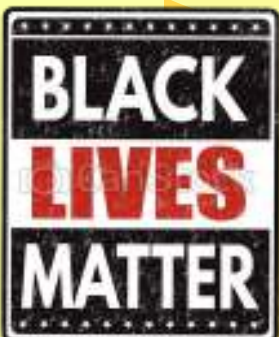
Evie Moran

Hi! I'm Evie Moran I am twelve years old. I love sport! My favourites being football, netball and swimming. However I fell out with ballet after my tutor said I had as much grace as an elephant! My favourite subjects are PE & Food Tech. When I am older I aspire to be a midwife.



Alice Moran

I'm Alice and I'm going into Year 10. I love anything creative really - especially Art and Musical Theatre! When I'm older, I'd like to go to University and possibly study a degree in Education or Psychology. Journalism has always been a huge interest of mine which is why I decided to join the Editorial Team for the STM Careers Standard.



MEET THE STM CAREERS STANDARD EDITORIAL TEAM

Libby Taylor

Hi, my name is Libby and I'm 12 years old. This is a bit about me! I love any sport, especially football. My favourite subjects are PE and Science. When I'm older I would like to pursue a career in Medicine or Sports Science.



Gerard Attoh

Hello, I'm Gerard Attoh but you can call me Gerard. I'm 12 years old and I enjoy anything to do with sport/fitness. I also enjoy watermelon. Thanks for giving up your time to read this. God Bless.



Jack Ashton

Hi I'm Jack and I'm in Year 9. I like to talk about global issues and problems. I also like politics and debunking conspiracy theories.



Matthew Woolley

Hi, I'm Matthew and I'm in year 10. I love anything creative I love Art, Music, CPSHE and so much more. When I'm older I want to go into IT, that's why I'm doing Computer Science. If you have a question feel free to come and ask.



MEET THE HEAD GIRL AND HEAD BOY

A huge congratulations to **Peniel Amegee** and **Matthew Croot** on assuming their new roles as Head Girl and Head Boy at St Thomas More! We are looking forward to seeing you both flourish in your new roles.



ALL ABOUT: BEING PROFESSIONAL CONTEMPORARY DANCER

by Mr Wright

There are many, many paths that you can take once you're in the world of engineering! Engineers have been an integral part of societies since time immemorial.

Here is some information that may help you pursue further a career in engineering!

Day-to-day tasks

In your daily tasks, you could work with:

- power generation and transmission - installing turbines, switchgear, power lines and street lighting networks
- industrial machinery and equipment - making, fitting and repairing drives, motors and programmable logic control (PLC) panels
- transport - upgrading rail and signalling systems
- building services infrastructure - installing and maintaining lighting, heating, air conditioning, lifts and escalators

Working environment

You could work in a workshop, in an office, at a power station, in a factory or at a research facility.

Skills and knowledge

You'll need:

- knowledge of engineering science and technology
- knowledge of maths
- the ability to work well with your hands
- the ability to use, repair and maintain machines and tools
- to be thorough and pay attention to detail
- analytical thinking skills
- complex problem-solving skills
- the ability to work well with others
- to be able to use a computer and the main software packages competently



What about the working hours?

Typical hours (a week)



40 to 42
a week

Where can I learn more?

By accessing this link <https://bit.ly/2ZgVT8G> or the QR code below.



Average salary (a year)



£20,000

£38,000

Starter

Experienced

MEET A PRO DANCER!

Connor, 20, is from Newcastle. He works as a professional contemporary dancer, which takes him on tour around the UK and Europe.



"I'm Connor. I'm 20 years old and I'm a contemporary dancer. I started dancing when I was three years old. I started in Latin and ballroom and then I tried breakdancing, popping, locking and then eventually, when I was 10, ballet and contemporary. When I was about 15 I realised that this is actually what I want to do as a career and I joined the National Youth Dance Company. It was my first time in London. Surrounded by people from completely different backgrounds, which really opened my eyes to the life of a dancer. I had to balance my time between my school studies and my dance training. Socially, I had to miss out on a lot of things but it was really worth when I got into vocational training. I completed one year of Dance BTEC and then applied for Rambert School of Ballet and Contemporary Dance. Rambert was such an intense three years that I found myself more and more questioning the actual art form, and whether it's something I want to pursue. I started to look at the history of dance and that prompted me to actually do that as my dissertation.

It helped me understand what benefits it has, not just to the dancer but to society, and re-ignited my passion. I've just begun working with Humanhood Contemporary Dance Company, which will tour next year. In preparation, I make a conscious effort to eat as healthy as possible and I drink plenty of water. It's really important to stay healthy anyway, but especially as a dancer. Some it's very expressive and emotion, some it's pure physicality, so if we don't prepare before that's when injury occurs and I'm just making sure that that doesn't happen.

My hopes for the future are that I continue to dance and hopefully travel the world with it to meet new people and to learn."



"I had to miss out on things socially when I was at school but it was so worth it."

Connor started dancing when he was three years old and trained in many different styles including ballroom and break dancing.

At 15, he joined the National Youth Dance Company and realised he wanted to pursue dance professionally.

He has studied alongside his dancing and recently graduated with a degree in Contemporary Dance.

Courtesy of the BBC

LABOUR MARKET INFORMATION: PROFESSIONAL DANCER

by Mr Wright

What is Labour Market Information?

Labour Market Information (or LMI) is a useful tool to help research future jobs in the local area, understand the skills needed for certain roles and the demand for future employment.

LMI For All

imiforall.org.uk/

What can you earn per week?

What is the salary/ annual earnings?

How much is this per hour?

Search all LMI here



Dancers and choreographers	
Weekly Pay £0	Annual Pay £0
Hours/Week 29h	Hourly Pay £0
Workforce Change (projected)	
Growth 2.7%	Replacement 59%
The workforce is projected to grow by 2.7% over the period to 2027, creating 500 jobs. In the same period, 59% of the workforce is projected to retire, creating 11,000 job openings.	

Will there be more jobs in the future?

By 2027, what % are expected to retire?



WHO IS THE PATRON SAINT OF ARTISTS?

by Mr Wright

St. Catherine of Bologna is the patron saint of artists and liberal arts.

St. Catherine of Bologna was an Italian nun and artist born as Catherine de' Vigri on September 8, 1413 in Bologna, Italy.

She was the member of an aristocratic family and the daughter of a diplomat to

the Marquis of Ferrara. Catherine received a wonderful education in reading, writing, singing and drawing while being raised at the court of the Duke of Ferrara. Catherine excelled in painting, Latin and the viola. Bologna was an Italian nun and artist born as Catherine de' Vigri on September 8, 1413 in Bologna, Italy.

Catherine was determined to live a life of perfection, and was admired by her companions for her holiness. Catherine was openly willing to serve the more humble roles in the convent. She was a laundress, a baker and a caretaker for the animals.

Pope Benedict described this humble saint as, "From the distance of so many centuries she is still very modern and speaks to our lives. She, like us, suffered temptations, she suffered the temptations of disbelief, of sensuality, of a difficult spiritual struggle. She felt forsaken by God, she found herself in the darkness of faith. Yet in all these situations she was always holding the Lord's hand, she did not leave him, she did not abandon him. And walking hand in hand with the Lord, she walked on the right path and found the way of light."



Dear Saintly Poor Clare, Saint Catherine of Bologna, so rich in love for Jesus and Mary, you were endowed with great talents by God and you left us most inspiring writings and paintings for wondrous beauty. You did all for God's greater glory and in this you are a model for all. Make artists learn lessons from you and use their talents to the full. Amen.



SUBJECT SPOTLIGHT

DRAMA

by Mrs Doran

What do you study in Drama?

Drama is a great subject to study as it allows you to work creatively and think about life from different perspectives. It is fun but it is serious fun and allows you to learn about yourself and work well alongside others.



Why is this important?

This is important to be able to develop your own self-confidence and to be an open minded and resilient individual. Drama develops a strong independent mindset that allows you to improve your articulation of ideas in-front of others. It opens up creativity and instills a life long love of the arts.



Which careers can Drama lead to?

Careers that Drama can lead to are very wide ranging and aren't always the ones you would instantly think of: Acting, Teaching, Drama Therapy, Museum and Heritage careers, Artist, Writer, Designer, Lawyer, Community Theatre, Youth Work, Journalism to name just a few!



@stm_cpshe

MEET YOUR TEACHERS: MRS DORAN

by Evie Moran



Edge Hill
University



UNIVERSITY OF
PLYMOUTH



Mrs Doran sat down with us (virtually!) to share her love of her career and offer great insight into her journey so far. Thank you, Mrs Doran!

What did you study at university?

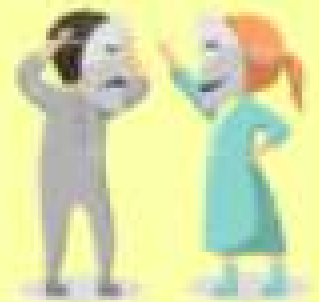
I studied Drama and Art at Edge Hill University and completed my Drama Teacher Training at The University of Plymouth.

What were your favourite subjects at school?

English Literature, Drama and Art.

What do you love most about your career?

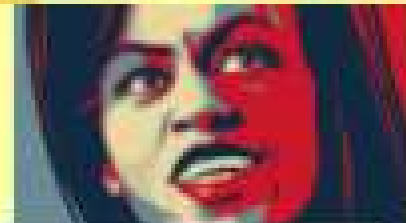
I love that everyday is never the same and I love seeing young people embrace the arts and develop their self-confidence.



Who are your role models?

In my family it has to be my Mum.

Outside the family, Michelle Obama.



What is your favourite book?

I'm going to choose the play 'Our Town' by Thornton Wilder.



If you could go back to meet to yourself in year 7, what advice would you give yourself?

Worry less and be kind to yourself!

Which skills do you think are most important to have in your career?

Self-confidence, hard work and being open to taking a risk every now and then.



MEET YOUR TEACHERS: MRS DORAN



by Evie Moran

What did you want to be when you were little?
I've always wanted to be a teacher. I even lined my teddies up in the street to teach them, my mum tells me this often!

What was your very first job? Have you had others? What did you learn from your first job?
My very first job was as a Saturday helper at our local hairdressers. I have had many jobs which has allowed me to develop a wide range of skills and to work with a fascinating and inspiring group of people from all walks of lives and backgrounds; I have been a community arts leader, stage manager, museum educator, peripatetic drama and dance teacher and a mindfulness coach.

Is there a quote that inspires you?

"The she be but little she is fierce."

Helena, A Midsummer Night's Dream

Which causes are you most passionate about?

Protecting the Arts.

What are your hobbies?

Going to the theatre, currently watching National Theatre Live on YouTube, running, cycling and exploring forests and the great outdoors with my little girl.

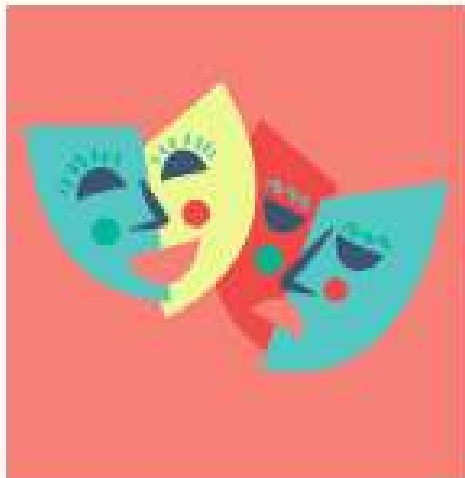
Thank you for your interview, Mrs Doran!



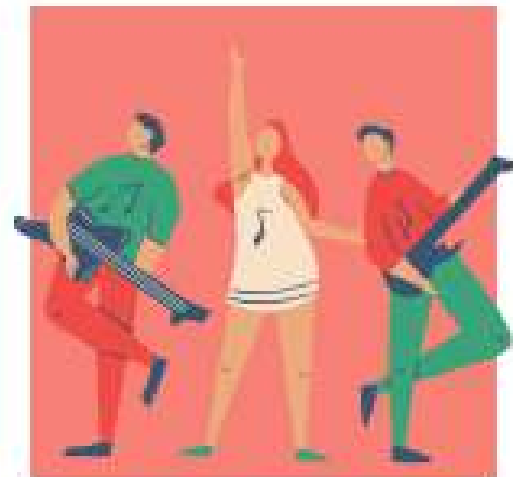
#FairShare
ForArtists



The Closing Curtain



An Article by
Alice Moran



As the stage lights dim, the wings remain lifeless and rows of seats in the stalls begin to collect dust, the absence of theatre has never been more noticeable than that of Lockdown 2020. For the many casts that never got to perform closing night, the final bow truly was the final bow. And yet this leaves us wondering: how many of our theatres will be able survive long enough to immerse us in the magic of the musicals once again?



“

I regard the theatre as the greatest of all art forms, the most immediate way in which a human being can share with another the sense of what it is to be a human being”

- Oscar Wilde





Unlike restaurants, bars and small businesses, theatres and arts venues haven't received nearly as much support from the government; despite theatres being included in the cultural, arts and heritage institutions £1.57 billion support package, can this really be compared £15 billion granted to businesses just in the first two weeks of lockdown and the Eat Out To Help Out scheme which arguably saved many restaurants, pubs, cafes and bars? And why did it take till July for this to be announced, leaving over 700,000 people who work in this sector in the dark about the certainty of their careers and futures?



However, actors and actresses have been incredibly resourceful over the lockdown period, with many offering priced workshops (based around the musicals they star in) on the app Zoom. One such example is Jodie Steele, a West End actress who has starred in many musicals - including Heathers and Wicked - and is currently playing Katherine Howard in the UK Tour of Six the Musical.



Andrew Lloyd Webber has also been a huge advocate to try and get theatres reopened: conducting a series of tests at his many of his numerous theatres to show the government that they can reopen safely and even taking part in the Covid-19 vaccine trials. Alongside this, he also launched "The Shows Must Go On!" in which he released several of his musicals on Youtube for free!



And in the mist of the deprivation of professional theatre, let us not forget about Amateur Dramatics (or Am-Dram for short); ordinary people from all walks of life coming together to put on a community performance which showcases just how hard they have worked. It is often in Am-Dram that we find the most hidden talents – the people you would least expect to stand on a stage, in front of a live audience, at their most vulnerable, and have the sheer confidence to perform their heart out. It is many of these Am-Dram associations that are grieving the loss of theatre the most. These people perform purely for the joy, the exhilaration, that comes from crafting an incredible piece of theatre and performing it in front of a live audience – not for the money. And with the unpredictability of the future of the performing arts, they can only push their show dates further and further back...

Especially in times like these, it is incredibly important that we support the arts. After losing so many important aspects of our lives to Covid-19, it would be devastating to have to sacrifice the thrill of going to watch live theatre or face the sad (and quite possible) reality that future generations may never get to experience it. Hopefully, Act 2 will start soon, and we'll be back filling the seats and shining on the stage.

But for now,

It's only the interval...

RESOURCES TO SUPPORT THEATRES

The Shows Must Go On! Youtube Channel



THE SHOWS MUST GO ON!

Acting for Others

<https://www.actingforothers.co.uk>



Theatre Support Fund Merchandise (Profits split between Acting For Others, The Fleabag Support Fund and the NHS Covid-19 Urgent Appeal.)

<https://theatresupportfund.co.uk>



Support the Stockport Plaza

<https://stockportplaza.co.uk/support-us/>



THE PLAZA
STOCKPORT'S SUPER CINEMA AND VARIETY THEATRE

Government Petition

<https://petition.parliament.uk/petitions/320711>

176,584 signatures



Our brand new feature focuses the interview spotlight on former pupils of St Thomas More RC College to see where their journey has taken them after year 11.

Where are they now?: Paulina Hajdus

Paulina left St Thomas More in July of 2017. We caught up with Paulina to find out about her amazing post-16 journey... so far!

Paulina

A circular crest with a crown at the top, crossed hammers in the center, and the year '1535' at the bottom. The crest is surrounded by a decorative border.

@stm_cpshe

Thank you, Paulina, for taking the time to be interviewed by the STM Careers Standard. We really appreciate it. We know your post-16 journey will help shed light on the many pathways available to all after St Thomas More.

When did you attend STM from and until?

I attended STM from September 2012 until July 2017.

What were your favourite subjects at school and why?

My favourite subjects were by far Art and English, I can't choose one! I am a very hands-on person and I love to express myself in creative ways. Art lessons taught me a range of skills and how to push myself to try different styles and those skills are ones I use to this day. English goes hand in hand with art in a sense. English is like art but with words. You either write your emotions onto paper through my personal favourite "creative writing" or find deeper meaning in poems that give the poem as a whole, a completely different meaning. To this day I remember some of the poems I had to analyse in my GCSE's such as "Kamikaze" or "War Photographer"... Thank you Mr McCumaskey for the help when preparing for GCSEs and Ms Kay for starting my passion for English!

On top of Art and English, CPSHE was also a subject I really really enjoyed! It's a shame we only had 1 hour of it per week... CPSHE was a really useful subject where you got to explore who you are, what society is like, especially in the years where you become a teen it's crucial to understand the dangers related to alcohol and substance abuse in general. You get taught about health, potential jobs you can take up, and your rights. This is a subject where you really get prepared for what the future holds, you receive help and tips for interviews and we actually had mock interviews for that extra support. Thanks to this subject and the amazing teacher, I managed to get through many interviews with less stress than usual! It definitely is a crucial subject.

Where did you go to college?

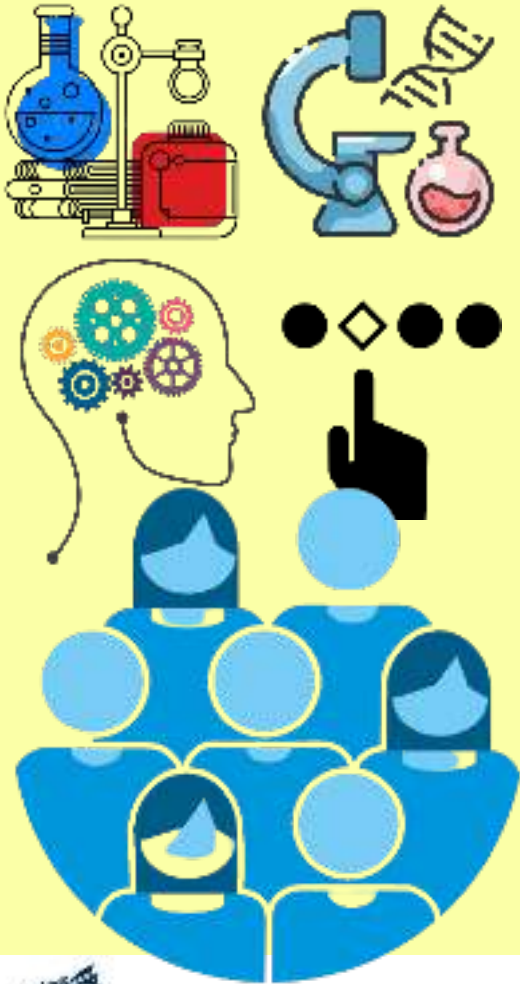
I went to Loreto College, Manchester.



CPSHE



Loreto
sixth form college



What did you choose to study at college and why?

What I chose to study in college is a funny thing actually. Initially, I chose Chemistry, Biology and Psychology but after about 2-3 weeks I dropped Chemistry because I felt it wasn't right for me, that no matter how hard I tried it would just pull me down so I picked up Health and Social Care instead and it was the best decision I made. I chose Chemistry because it's what you need to study Dentistry in University and same with Biology but Biology was a subject I previously liked as opposed to Chemistry which was never my favourite... the human brain, different behaviours and mental disorders were always interesting to me and that's where Psychology came from. Health and Social Care was on the other hand completely spontaneous! The subject is very coursework heavy and because I love writing so much I decided that that's what I wanted to go with.

Which university did you go to?

I am now going into my second year at Cardiff Metropolitan University!

What are you studying and why?

I am studying Dental Technology. This may come as a surprise because I previously mentioned dropping chemistry but here is the thing, you may think (like me) that your whole career plan is falling to pieces because one thing goes wrong; in my case, I was absolutely devastated when chemistry wasn't going well and when I was officially dropping it because... how was I supposed to get into dentistry now? But there is a plan for us all. Because I wasn't able to get into dentistry I did more research than ever and found that there is a profession that links art with dentistry- perfect for me! The UCAS job search is an amazing website that has an insane amount of jobs listed on there, what the entry requirements are and what skills you need and if you are like me and like to plan years and years ahead, I highly recommend it!



What skills do you need in your degree? Why are these important?

For my degree I need a lot of patience. The work can sometimes be tiny and time-consuming. Spending a whole week doing one dental appliance at the start is completely normal because you are still learning! Good manual dexterity is also a good skill to have because most of the time you will need to correct or make things completely from scratch by hand. Communication skills are essential like with anything because as a student you need to work with everyone around you, speak up when you don't understand and be able to confidently help and ask for help.

What do you hope to go into when you leave university? Why?

When I leave university I am hoping to work in a dental laboratory in my profession to gain experience. I would like to one day go back to university to complete my master's degree too so that I can get a specialisation in either orthodontics or maxillofacial surgery and then open my own clinic or lab. I want to make a difference somehow, I want to be able to help people first hand because that's one of the most satisfying things in a career for me.

What is university life like?/What's the best thing about university?

University life is great but different for everyone. I am one of those people that don't go out and party... but many of my friends are and that's OK! You don't need to go out if you do not want to and there is nothing wrong with that; you can still enjoy the student life regardless. Because I had to move out of my home to student halls I had a great chance to really gain more independence. I had the opportunity to cook what I want (yes, I cook) decorate how I want, and do what I want. The university offers so many different societies and clubs that you can join so you are never actually bored! The library is open 24/7 and is absolutely packed with different books... there are also free blankets that you can use! The student life really helps you feel and act more like an adult, it makes you more responsible and organized (at least for most!) But if you do enjoy a party, the nightlife in Cardiff is absolutely amazing, lively, and friendly!



Where are they now?: Paulina Hajdus

STM Alumni

Paulina at Cardiff Metropolitan University complete with lab coat!



Paulina's student accommodation in Cardiff





Have you had any part-time jobs? What have you done? Which skills did you develop?

During my second year of college I managed to get my first part-time job. I worked at a FlipOut Manchester which is an indoor trampoline park near the Etihad Stadium. I was both on the trampolines making sure everyone follows the rules and is safe and I was also a receptionist, helping people book a jumping session and book any birthday parties! I was also trained to host birthday parties but I realised that this is not something I enjoy and after a chat with my manager (using my amazing communication skills) he agreed to only schedule me on reception or on the trampolines. During my work, I definitely improved on my communication skills. I was able to talk to customers more openly after a while, my relations with colleagues improved and I was feeling much more confident in general. I improved on my multitasking skills too and perfected my time management that is always really useful.

What is/are your favourite book/s? Why?

I read a lot of books so it's hard to choose one... one of my favourites is a book by Dominika van Eijkelenborg called (in translation) "sensitive point". Dominika writes mainly Polish books and this one is definitely a book that stuck in my mind. It's about a lady that got kidnapped and starts developing a Stockholm syndrome and though it may not seem like it, it's a really emotional book. Another one of my personal favourites is the S.T.A.L.K.E.R. series of books. For anyone that hasn't played the game or read any books based on it, it's basically a post-apocalyptic series about a group of soldiers that survived the explosion of the nuclear reactor in Chernobyl and they are now trying to survive and eliminate any anomalies. I'm just very into this dark, post-apoc Chernobyl vibe and have been for a long time now.



What did you want to be when you were younger?

When I was younger, I wanted to be someone different every day. One day I would wake up and want to be a florist because I saw pretty flowers on the way to school, the next I wanted to be a Vet because just love animals. But a career path that has been stuck in the back of my mind the whole time was definitely dentistry.



What is/are your favourite TV series and film/s?

My favourite series is, as expected, "Chernobyl" from Netflix and also from Netflix "The Rain". My favourite movie has to be either "The Notebook" or "Pretty Woman" from 1990.



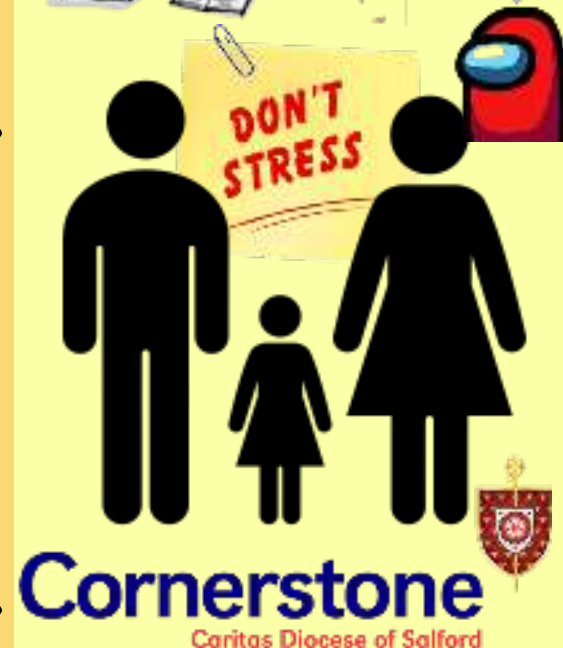
What are your hobbies and interests?

My main hobby definitely books. I read insane amounts of books and my bookshelves are quite literally on the verge of snapping in half... I have also found great joy in ice skating (in Cardiff I go every Wednesday) which was quite unexpected. I also really enjoy computer and console games (my favourites so far being the Uncharted series, S.T.A.L.K.E.R and Among Us), cooking and baking and travelling when I have the money!



What advice would you give to yourself in year 7? Why?

The advice I'd give myself is to not stress so much. I had and still have a really unhealthy tendency to overthink and stress myself about things that are insignificant or really far away. Also, remember to love yourself... So many young people forget that during these high school years but you have to remember that you need love from yourself too; that should be one of your top priorities.



Who are your role models? Why?

This might sound a little bit cliché but my role models have always been my parents. Both very hard working people with so much love for each other and everyone around them. They have always taught me to believe in myself and pushed me to be my best self. I always admired how understanding and loving my mum is and how calm my dad is, he always has a solution to everything and if there isn't one? No stress.

Which causes are you most passionate about?

If I understand the question correctly, I am quite passionate about helping the homeless. In college every year we raised money for Cornerstone. I was always quite active when it came to raising money, collecting food and helping take the items to a local Cornerstone. There was also a "Cornerstone sleep out" where I could be sponsored to sleep over in a sleeping bag in the college sports hall and I did that in both years of college.



the only failure is not to try.

Is there a quote that inspires you?

"The only real failure is the failure to try, and the measure of success is how we cope with disappointment." -Deborah Moggach

Where is your favourite place in the UK? Why?

I haven't really travelled much around the UK but I really do love Cardiff. It's a much quieter place than Manchester, so many parks, restaurants, places to see and visit. Cardiff bay is beautiful and I could spend a whole day there! I've only lived there for a year now but it really does have a special place in my heart.

Where is your favourite place in the world? Why?

My absolute favourite place in the world is in Poland. A very small place called Boguchwałowice where my grandma has an old wooden house with a large garden filled with trees, there is also a lake and a bar/restaurant that feels like time stopped there years ago. It brings me so much peace being there, birds singing, a good book, laying on a hammock and suddenly you forget what stress is!

Thank you

Paulina!

Have you a brother, sister, cousin or relative that has attended St Thomas More that you would love to see featured in *STM Alumni*?

If so, see Mr Wright.



Neve Bertenshaw

St Thomas More College
English Language & Psychology

AA*

Psychology at
Manchester Metropolitan University



Isabel Scanlon

St Thomas More College
Level 3 Health & Social Care

D*D*D*

Occupational Therapy at
Sheffield Hallam University

A huge congratulations to former STM students Neve Bertenshaw and Isabel Scanlon who, having achieved exceptional results, are both going on to university to study Psychology and Occupational Therapy respectively.



Congratulations



WOMEN'S FOOTBALL AND THE EVOLUTION OF THE GAME



by Libby Taylor



Globally, football plays a massive part in a lot of people's everyday lives. From playing the beautiful game, watching it or giving your favourite team support to win the league. The sport truly is everywhere! Everyone knows the basic aim of it - kick the ball and try and get it in the opposition's net but football is much more than that. Traditionally, Football was played by men in England in the 12th century, however, compared to now, football is an entirely

different game. Rules have been modified and added and football has slowly made its way into the female community. On 17 April 1971, in the French town of Hazebrouck, the first official women's international football match was played between France and the Netherlands. Since then, the world of Women's football has been on the rise!



WOMEN'S FOOTBALL AND THE EVOLUTION OF THE GAME

by Libby Taylor



In 1991, in China, the first women's FIFA World Cup was played, where the United States were victorious and Norway came runners up. From then on, every four years, like the men's World Cup, the women's World Cup has been held.

The growth of women's football has been absolutely staggering over the past 12 months. The 2019 Women's World Cup (WWC) had an absolutely enormous impact,

Year	Winners	Score	Runners-up	Venue	Location	Attendance
1991	United States	2-1	Norway	Tianhe Stadium	Guangzhou, China	63,000 ^[1]
1995	Norway	2-0	Germany	Råsunda Stadium	Stockholm, Sweden	17,158 ^[4]
1999	United States	0-0 ¹	China PR	Rose Bowl	Pasadena, California, US	90,185 ^[5]
2003	Germany	2-1*	Sweden	Home Depot Center	Carson, California, US	26,137 ^[6]
2007	Germany	2-0	Brazil	Hongkou Football Stadium	Shanghai, China	31,000 ^[7]
2011	Japan	2-2 ¹	United States	Commerzbank-Arena	Frankfurt, Germany	48,817 ^[8]
2015	United States	5-2	Japan	BC Place	Vancouver, Canada	53,341 ^[9]
2019	United States	2-0	Netherlands	Parc Olympique Lyonnais	Décines-Charpieu, France	57,900 ^[10]

The women's world cup has enjoyed greater attendance over the years.

with more than 1 billion people tuning in to watch that summer's tournament. Unsurprisingly, these figures completely smashed the records - there were 400 million more views than the previous 2015 tournament.

As to the Final itself (between USA and the Netherlands), this brought in an average audience of 82.18 million people, an improvement of more than 50% on the last World Cup Final.

Perhaps most impressively, the average live TV audience (17.27 million) was more than double the previous tournament!

These record viewing figures tie in with our other women's football facts, pointing to one very important thing: this sport is here to stay.



WOMEN'S FOOTBALL AND THE EVOLUTION OF THE GAME

by Libby Taylor

We caught up with Mrs Howard to get her insight in the Beautiful Game!

My passion for football was ignited as a very young girl. I was the first girl in our family with three older brothers and so I watched them play for several seasons.

My friends were mainly boys and every Sunday afternoon we would play a full-size game on the local school pitch. Initially I had to contend with being the last player picked! After just a couple of games it became clear I could hold my own and so found myself picking the teams.

I wanted to play competitively but was unaware of any girl's teams until I read an article in a football magazine and wrote to the Women's Football Association. They replied with the names of two local teams and my journey began with a team called Corinthian Ladies.



One of the games for Manchester City Ladies

WOMEN'S FOOTBALL AND THE EVOLUTION OF THE GAME

by Libby Taylor



Women's teams were open age #at the time due to the relatively small numbers of girls playing the game. At the age of 13 I was playing with and against adults. I was not concerned I was so excited to be playing.

Games were on a Sunday afternoon; all men's teams had played that weekend on every pitch and so often the pitches were diabolical.



Leading the team out at Maine Road

Eventually the FA accepted that the women's game could not be held back and directed all top tier teams to have a women's team associated to their club. Manchester City were brilliant in embracing this. I joined as the first captain and thoroughly enjoyed playing for Manchester City Ladies, despite being a fervent Manchester United supporter! I went on to become the first female manager of Manchester City Ladies before retiring as the demands of the game increased with the introduction of the National League to concentrate on my growing family.

Thank you Mrs Howard!

Celebrating success as Manager



FLAT EARTH: A BALANCED VIEW

by Jack Ashton



In recent times the Flat Earth Community has been gaining traction in the media. From the claims of a fake moon to the supposed ice wall, I will be delving into flat earth to try to bring some justice to the matter.

First of all, who are they and what do they believe? The Flat Earth Society is a group of people who believe that the earth is in fact a Frisbee like disc with Antarctica in the centre and all other continents around it.

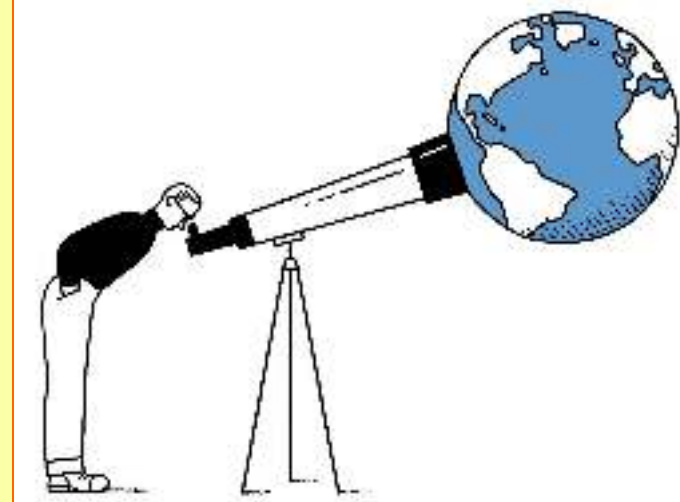
They believe that the governments of the world are involved in a spider's web of conspiracies. They call it the "globe earth conspiracy" and believe that NASA (the North American Space Agency) are in the centre of an intricate, well planned facade of a Globe earth.

One of their leading arguments is the "curvature of the earth" argument. They say that if the earth is round, then surely from Mount Baldy in Indiana Dunes National Park, you shouldn't be able to see the skyscrapers of Chicago from 60km away. The answer to this is that the image is a mirage, mirages are created when a layer of cold, dense air sits above a layer of warm, less dense air. For example, when the sun is shining on the top of a car, the car heats the first few centimetres of air above it creating what is called an "inferior mirage". But if you have a layer of warm air above the layer of cold air, the light bends down toward the cold air but our eyes assume that the air has travelled in straight line and you get an "superior mirage" which makes things look higher than they are.

FLAT EARTH: A BALANCED VIEW

by Jack Ashton

Many flat-earthers believe totally different things to others, for example, one Manchester-based musician, Darren Nesbitt, believes that the earth is a flat diamond. Others believe that the earth is more like a snow globe, other say it's a disc. This alone helps to solidify that the earth is in fact a sphere (or something resembling something like a sphere.)



No, or a very small amount of, flat-earthers believe in space and not nearly that we travelled there. "But what about the picture, Jack?" I hear you cry but NO, The Flat Earth Society believe that the photos sent out by NASA are in fact CGI and completely doctored. The curvature of the earth is visible in these photos and they show what the earth looks like from space. They have to be colour corrected but other than that they are completely real. Another way to prove the earth's spherical form is that when the International



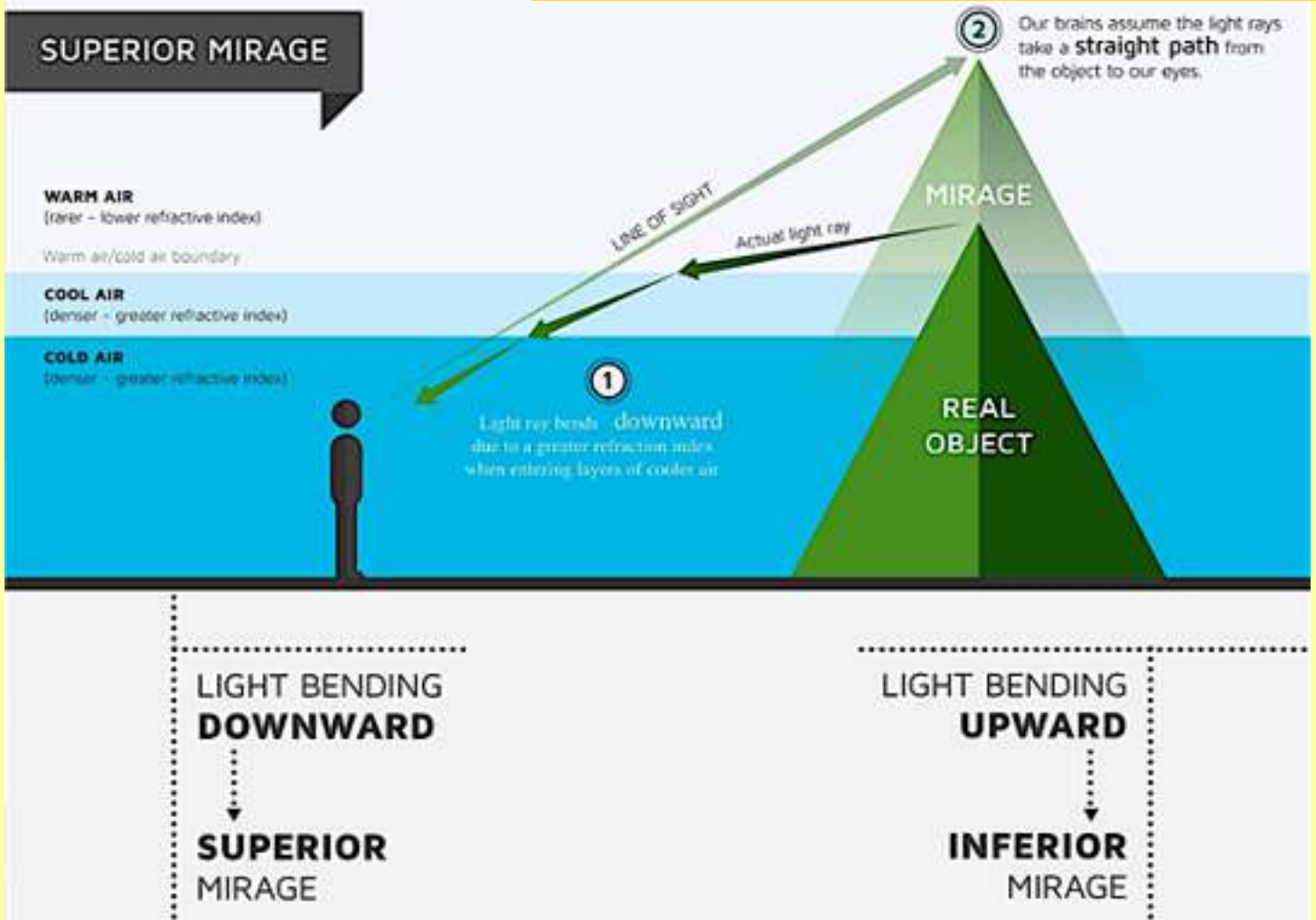
FLAT EARTH: A BALANCED VIEW

by Jack Ashton



Space Station flies over earth, it goes in such a way as that 45 minutes in the ISS is one day on earth.

So, in conclusion, there is overwhelming evidence in favour of a globe earth and very little in the favour of a flat one. I hope you enjoyed this in detail analysis of the arguments on the flat earth and I hope you found it informative.



Sources:

<https://physicsworld.com/a/fighting-flat-earth-theory/>

<https://www.livescience.com/24310-flat-earth-belief.html>

<https://www.theguardian.com/science/blog/2018/may/02/the-universe-is-an-egg-and-the-moon-isnt-real-notes-from-a-flat-earth-conference>

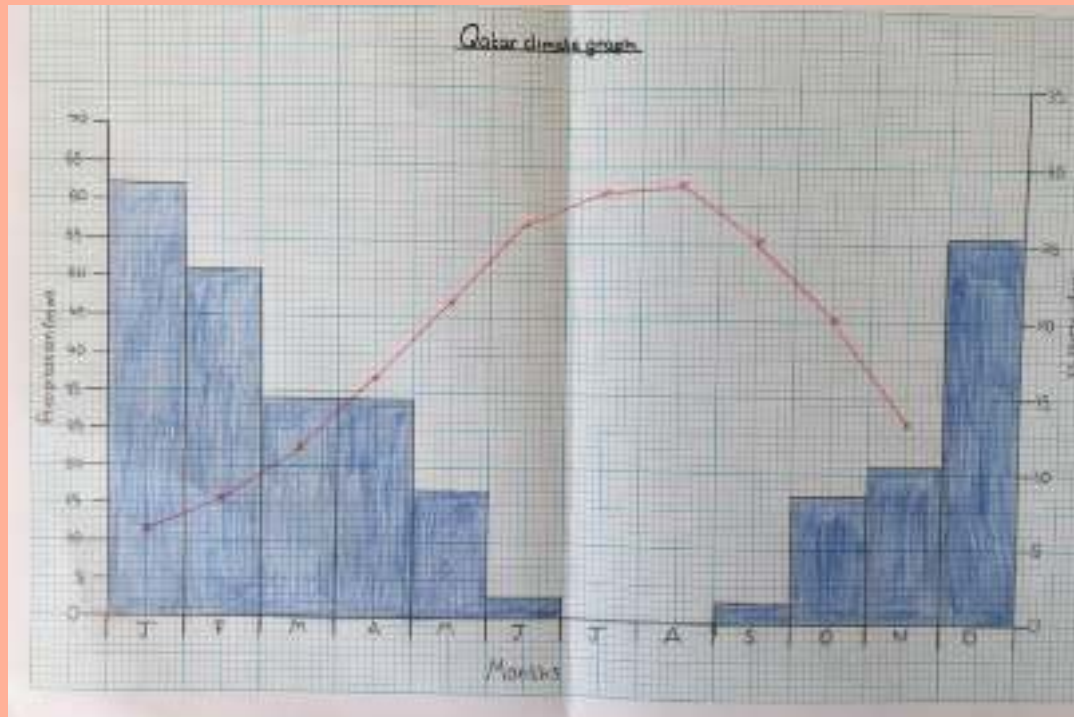


EXCEPTIONAL PUPILS' WORK



In CPSHE, Year 7 pupils have been considering their *Identity*. Kendrea Osei (7A) has created this fantastic set of stamps to represent her *identity* and everything she holds dear. Excellent work, Kendrea!

Year 8 Geographers have been studying the Middle East this half-term. Olivia Turrall (8A) analysed raw data to produce this outstanding climate graph of Qatar. A First-Class effort, Olivia!



Are you proud of a piece of work you have completed? Email it to Mr Wright for a chance to be featured and earn More Points!



EXCEPTIONAL PUPILS' WORK



To assist in creating a positive learning environment for all in CPSHE, where sensitive issues are explored, pupils create their own Classroom Contract. Here is Zuzanna Dubiel's (9M) work.

**"#4 Look out for each other
#7 Seek support
#8 Ask questions."**

Excellent work, Zuzanna!

Equally, Ellie Goldsworthy (9H) created a fabulous set of rules to promote excellent learning for all in CPSHE.

**"#4 Be sympathetic
#7 Have a positive attitude
#12 Help your classmates."**

Fantastic work, Ellie!



Are you proud of a piece of work you have completed? Email it to Mr Wright for a chance to be featured and earn More Points!



EXCEPTIONAL PUPILS' WORK



Alexander Pearce (7S) created this amazing set of stamps when reflecting upon his *identity* in CPSHE lessons. Well done, Alex!

Daniel Kerrigan (7A) also created his outstanding set of stamps to which his *identity* as the focus. Great work, Daniel!



Xavier Antony (7S) created this colourful set of *identity stamps*. Can you spot the video game references?



And here is Ryan Fuller's (7A) set of stamps celebrating his identity. Fantastic work, Ryan!



Are you proud of a piece of work you have completed? Email it to Mr Wright for a chance to be featured and earn More Points!



EXCEPTIONAL PUPILS' WORK

**Ciara Mulligan (7S) certainly put a lot of effort in creating her identity stamps which contains many aspects of everything that makes Ciara, Ciara!
Fab work!**



Jessica Keane (7S) has made a set of identity stamps which even includes her career ambitions! Excellent work, Jess!



Renae Bamgbose (7S) created this very colourful and insightful set of themed identity stamps. Fantastic work, Renae!



Mia-Rose Latchford (7A) has truly made a set of stamps to celebrate everything she holds dear. Excellent work, Mia-Rose!



Are you proud of a piece of work you have completed? Email it to Mr Wright for a chance to be featured and earn More Points!



EXCEPTIONAL PUPILS' WORK

DRAGON BALL Z

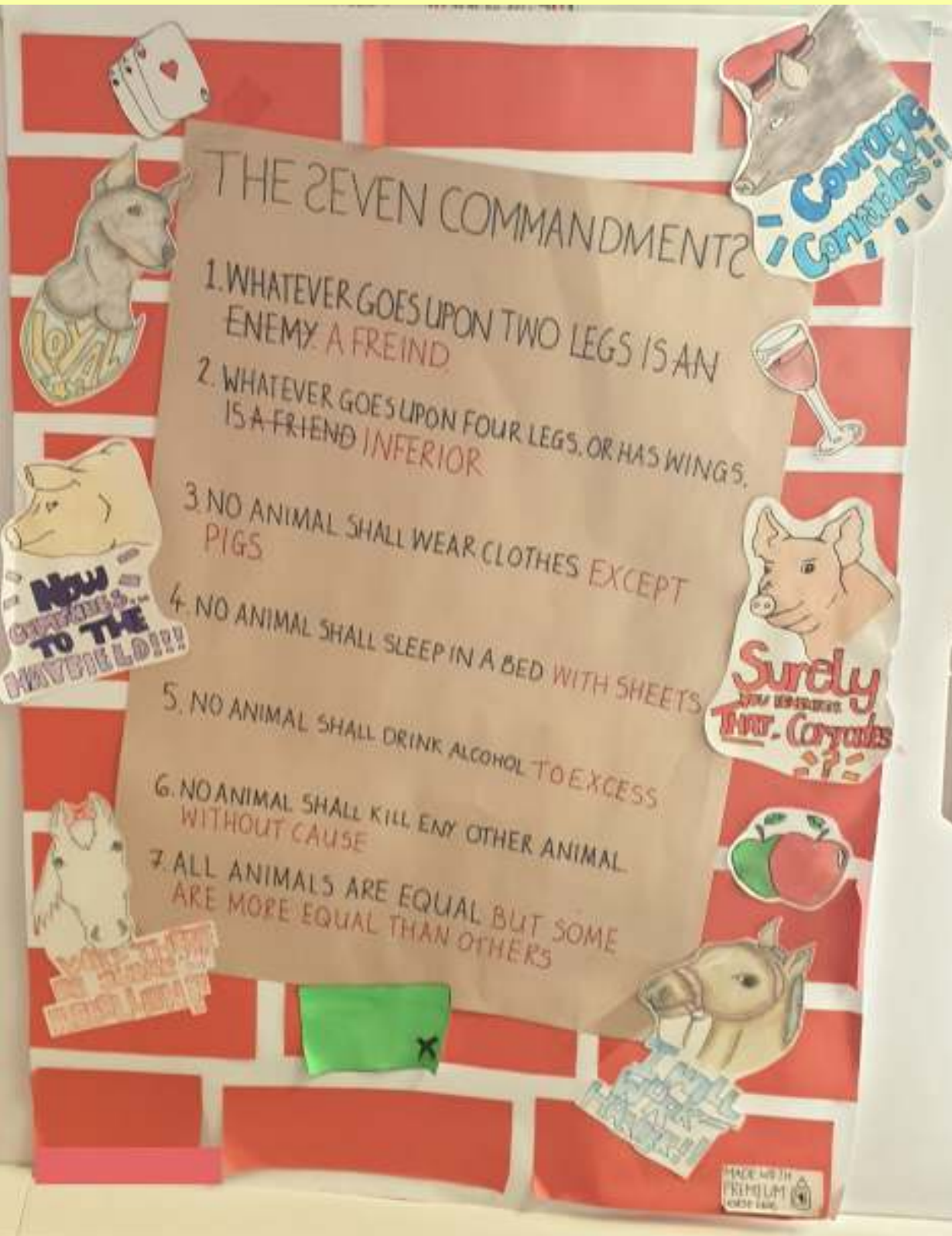


Anatolii Bridgeman (9A) wanted to share his artwork that he has created in his spare time. Focusing on *Dragon Ball Z* characters Goku and Broly, Anatolii has clearly demonstrated his natural talent!

Have you got a drawing that you want featured in the STM Careers Standard?
Email it to Mr Wright for a chance to be featured and earn More Points!



EXCEPTIONAL PUPILS' WORK



Erin Bradbury,
Lizzy Jackson,
Isobel Rooney,
Nina
Szafranowska,
Taylor Winland
and Sophie
Withington
created this
exceptional
wall art of
George
Orwell's *Animal
Farm* which is
proudly on
display in Mr
Wright's room
(38)

Are you proud of a piece of work you have completed? Email it to Mr Wright for a chance to be featured and earn More Points!

THE IMPORTANCE OF ANIMAL CONSERVATION

Conservation efforts have prevented the global extinction of between 28 and 48 bird and mammal species since 1993, a study led by Newcastle University and BirdLife International has found.

In the same time period, 10 bird and five mammal species did go extinct (or are strongly suspected to have.) Extinction rates would have been up to 4.2 times greater without any conservation action, researchers say.

They found that, while policy commitments have fostered significant conservation achievements, future biodiversity action needs to be markedly scaled up to avert additional extinctions.



@stm_cpshe

by Matthew Woolley

GAME REVIEW: **FORTNITE**

by Gerard Attoh



Hello, I'm Gerard and I'll be reviewing games that are popular or interesting.

Fortnite

For my first review, I will review a popular game called Fortnite.

What is Fortnite?

Fortnite is a TPS (Third Person Shooter) type game. In Fortnite, you jump out of a "Battle Bus" and land in a diverse map.



This is a less recent map, but you get the point.

In Fortnite, you can buy various skins. This is one of many skins known as "Crackshot."

Who plays Fortnite?

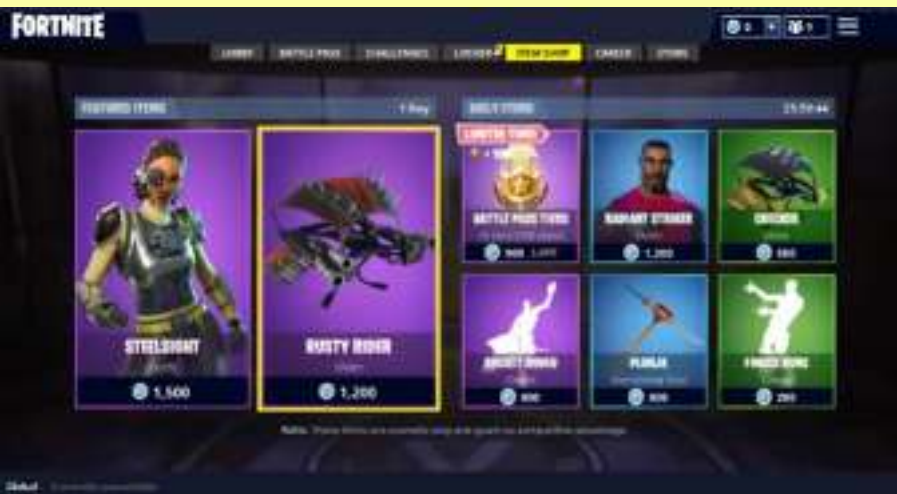
The age you SHOULD be is 12 and/or over but a lot of people don't care for that. A lot of Youtubers and "Streamers" (people who play the game live) play this game because it gets frequently updated.



@stm_cpshe

GAME REVIEW: **FORTNITE**

by Gerard Attoh



Extra Information

This is an item shop where you can buy cosmetics to make you "sweaty" (meaning expert level) or stylish.

There is also a feature that allows you to build for protection.

(This was built by two "sweats"-meaning experts - having a build battle. A build battle is where two players are fighting while also using builds to protect themselves.)



As people know, this is your standard AK-47; but in Fortnite, it is called "The Heavy AR/Assault Rifle.



The weapons they use in Fortnite are based on real guns, but they have been made to look cartoony. The names have also been altered.

That sums up the popular game known as Fortnite. Thank you for giving up your time in reading this exquisitely made review that will hopefully benefit your knowledge on games. If you have any suggestions on anything else but games to review, I'm just around the corner.

I'm Gerard Attoh, and this was my game review.

COMPETITION: BLACK HISTORY MONTH

HOW MANY OF THESE INSPIRATIONAL PEOPLE CAN YOU NAME?
EMAIL YOUR ANSWERS TO MR WRIGHT
(L.WRIGHT@STMCOLLEGE.ORG.UK) FOR YOUR CHANCE
TO EARN 50 MORE POINTS!



THERE ARE 13 INSPIRATIONAL PEOPLE TO NAME.
SEE MR WRIGHT IF YOU WANT ANY CLUES.

CELEB ODD-JOBS



by Mr Wright

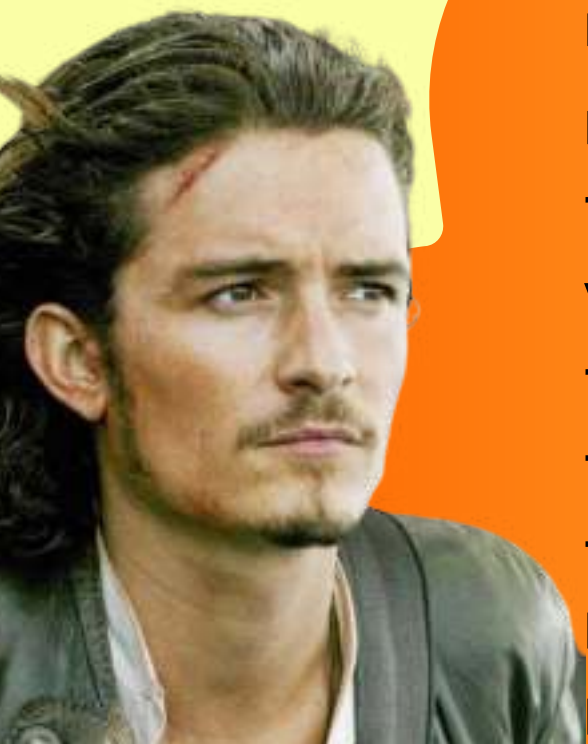


Did you know that prior to stardom Rachel McAdams worked at McDonald's for three years!

Before becoming a pro footballer, Tyrone Mings worked as a barman and a mortgage adviser



Have you ever seen those people that love to shoot clay in the air and call it a day? Have you ever wondered who loads that clay into discs and aims them so that shooters have a target? Orlando Bloom used to load and aim those discs for a living.



WORDSEARCH



by Mr Wright

Can you find all of the hidden words?

Take a picture, scan or screenshot your answers and tweet to @stm_cpshe or email l.wright@stmcollege.org.uk to earn More Points!



Performing Arts & Careers



Z I Q F G L O G U P E R F O R M A N C E I W H
Y O V K C G N I C N A D J Q Z K U B U Z B U G
A R L Q O Y F I G Y K S T H G I L Y D E M O C
B O O D L U U M Z R S H T F M V L U E T Q Z C
T T R C L O R P S E V O I C E Z R N D G R F X
T O I M A I M R M H O B E U B Z O N I N G A G
O Z N R B D S O Q E R K T V Q C T R C O C D S
U V T Z O U U V Y A U X H X V F C F A I M D C
L D P F R T L I Q R P B E A M W E I T T O K R
B U C G A S S S D S P S A F U Q R T I C V D I
R E C I T A L A S A S H T A S U I N O E E I P
Y B U E I Q I T C L N W R E E T D E N J M D T
T L V B O T C I E D M X E P L G Y S T O E T C
K U K E N W E O E K T S O K O Q D S R R N H F
B X N P U S R N S T A G E M R E O X A P T E O
F D Y N T W Y A U D I E N C E I I E C O J K O

Find the following words in the puzzle.
Words are hidden ↑ ↓ → ← and ↘ .

ART
AUDIENCE
COLLABORATION
COMEDY
DANCING
DEDICATION
DIRECTOR
FITNESS

IMPROVISATION
LIGHTS
MOVEMENT
PERFORMANCE
PROJECTION
RECITAL
REHEARSAL
ROLES

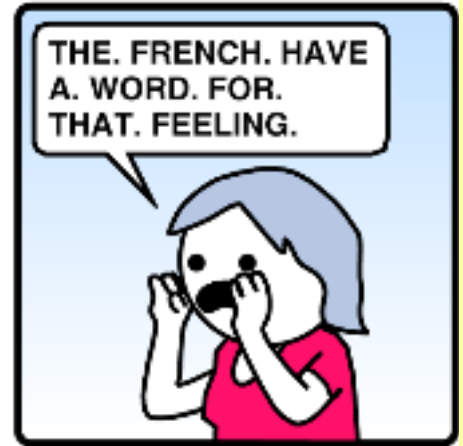
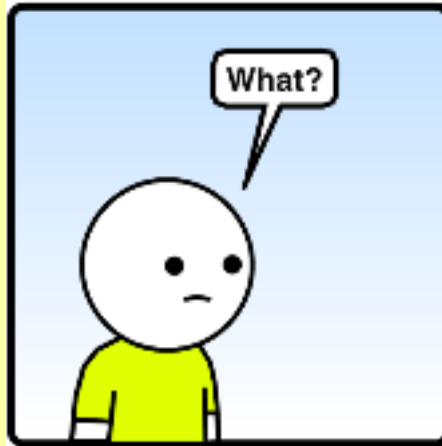
SCRIPT
STAGE
STUDIO
THEATRE
VOICE



COMIC CORNER

LOST IN TRANSLATION

Credit: The Jenkins Comic



COUNTING SHEEP

Credit: The Jenkins Comic

USEFUL RESOURCES TO KEEP YOU SAFE *by Mr Wright*

Pupils, you can access lots of Mindfulness resources here!



Mindful is a mission-driven non-profit, dedicated to inspiring, guiding, and connecting anyone who wants to explore mindfulness—to enjoy better health, more caring relationships, and a compassionate society.



BBC BITESIZE



Use BBC Bitesize to help with your homework, revision and learning. Find free videos, step-by-step guides, activities and quizzes by level and subject.



@stm_cpshe

BBC Bitesize

Part of our Online Bullying series



What you need to know about... TROLLING & ONLINE ABUSE



Brought to you by
NOS National Online Safety
www.nationalonlinesafety.com

What is it?

'Trolling & Online Abuse'

Trolling is a form of cyberaggression. It involves the sending of malicious, abusive or derogatory messages by one user (a 'troll') to another user online with the intention of upsetting or harassing them or damaging their reputation. It is often anonymous and does not meet the definition of bullying yet might develop into online bullying. Trolls will often goad others until they react. They enjoy putting people down and causing discord, starting arguments or being inflammatory - stirring things up for their own entertainment. Trolling may take the form of a one-off offensive comment, hate speech or even threats made online.

Know the Risks

May cause distress

Children can be particularly vulnerable to online trolling and online abuse. Receiving offensive comments for no reason can cause young people distress and increase feelings of anxiety and worry.

Impact on wellbeing

Trolling which is targeted and persistent can have a huge impact on children's mental health and wellbeing. It can lead to low self-esteem and create feelings of worthlessness and dissatisfaction, potentially affecting how children see and feel about themselves.

Could damage reputation

Online trolling can be humiliating for the victim and can negatively impact on how they are perceived online or on social media. Trolls might goad children into reacting or saying something they might regret and then sharing those comments widely to purposely paint them in a negative light.

May affect home and school life

Children who constantly receive hateful and spiteful messages online can become isolated and withdrawn from daily life. They may become depressed, angry or unable to sleep at night. Their school performance may suffer and it may impact on their behavioural home.

Safety Tips

Have open dialogue

It is vital to have conversations with young people about the hate speech, anger and prejudice that are all around them and explore what resilience they may have. Keep the dialogue always open so that young people have trusted adults to turn to.

Discuss online behaviour

Discuss what is acceptable behaviour online and what is inappropriate, unacceptable or against the law. Warn against reacting even more aggressively towards online trolls, reminding them that their digital footprint will outlast the current problem.

Implement privacy settings

Make sure that children are only using age-appropriate apps. Make their profiles private so that only friends and family can interact with them online and turn off comments if you're concerned about what other people might say.

Teach critical thinking

Help young people to spot trolls or when people are 'flaming it' on social media. Talk to them about people who might dare them to do risky things or encourage them to post negative comments online so that they recognise them and don't become an online troll themselves.

Further Support

Report to platform

Understand the tools available on the platform where trolling is taking place and whether or not it is moderated. Check out the community guidelines to see if the behaviour contravenes them and then if so, report it, block, unfollow or unfollow the sender where possible.

Collect evidence

Always try to screenshot or take a photo of the negative posts or comments made online. Report the incident to your child's school, police or local authority who will be able to investigate further.

Seek professional advice

If your child has experienced negative effects on their mental health and wellbeing due to trolling online, ask for additional support from your school's local safeguarding officer or seek professional help from charities who will be able to offer further advice and guidance.

Seek support from friends

Friends can be supportive to one another and can be encouraged to look to post positive messages when someone is targeted. Ask your child's friends for support. 'Low-minded' people can act together positively and they may help to build their confidence and self-esteem.

Our Expert Adrienne Katz

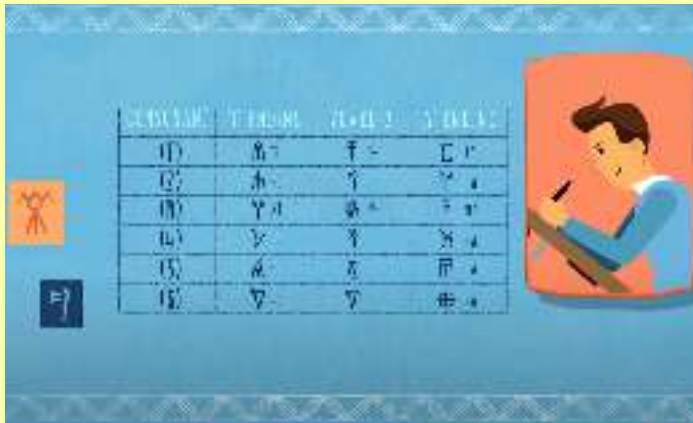


Adrienne Katz is an award-winning cyberbullying expert with extensive experience of working with schools and education providers to deliver training in online safety. She is the founder and leader of the annual national Cybersurvey, providing one of the richest databases of young people's views on digital life in the UK and has previously worked on government level projects funded by the Home Office and The Princess Diana Memorial Fund.

THE BEST OF **TEDEd** TALKS

by Mr Wright

TED-Ed Talks are "ideas worth spreading" so be sure to check these out using the QR codes!



How to decode a lost language



The tale of the boy who tricked the Devil



Visit the TED-Ed YouTube Channel here.

If you have a favourite TED-Ed video you want including, let the Editorial Team know!



TEDEd

 **@stm_cpshe**





WRITER OF THE MONTH

George Orwell (25 June 1903 - 21 January 1950) was an English writer. His real name was Eric Arthur Blair. He used the name George Orwell for his novels. He was born in India during the British Empire's rule of India. He is best known for two novels that he wrote in the late 1940s, *Animal Farm* and *Nineteen Eighty-Four*. In those works, he said that totalitarianism was very bad. Orwell fought in the Spanish Civil War with the antifascist troops. These troops were against the dictatorship of fascist governments. Orwell died of tuberculosis in London in 1950.

George Orwell's greatest works include:

- *Down and Out in Paris and London* (1933)
- *Burmese Days* (1934)
- *Keep the Aspidochelone Flying* (1936)
- *Homage to Catalonia* (1938)
- *Animal Farm* (1945)
- *Nineteen Eighty-Four* (1949)

WHY
ORWELL
MATTERS





MINDFULNESS COLOURING



ALL ANIMALS ARE
EQUAL BUT SOME
ANIMALS ARE MORE
EQUAL THAN OTHERS

Colour in this George Orwell-inspired line drawing and email it to Mr Wright or Tweet it to @stm_cpshe to earn More Points!



MINDFULNESS COLOURING

BIG BROTHER IS WATCHING YOU



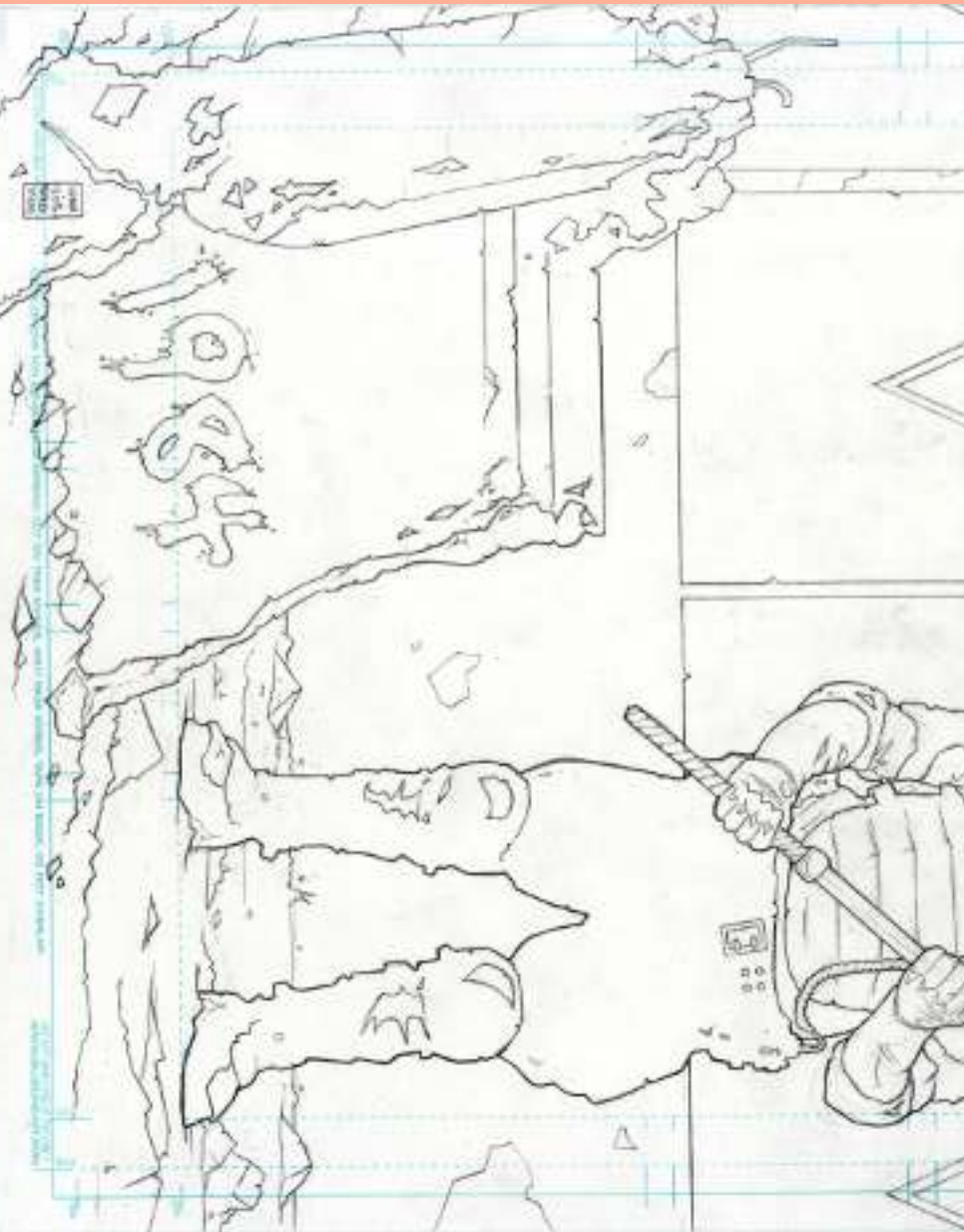
WAR IS PEACE · FREEDOM IS SLAVERY · IGNORANCE IS STRENGTH

INGSO

INGSO

ING

INGS



Colour in this George Orwell-inspired line drawing and email it to Mr Wright or Tweet it to @stm_cpshe to earn More Points!

COMPETITION TIME!

by Mr Wright

PERFORMING ARTS: GET CREATIVE!

This volume's competition is all around Drama & Performing Arts! Are you feeling creative?

Can you create a unique drama piece around a topic or focus of your own choice? This can be a written piece (script/essay/monologue) or a performance that you record and tweet to @stm_cpshe!

You can submit your entries to
L.wright@stmcollege.org.uk to be
considered.

The best ones will be published in the next
volume of the STM Careers Standard and
winners will receive 100 More Points!
Entries close on Friday 23rd October 2020



HAVE A QUESTION OR WISH TO GET IN TOUCH WITH THE TEAM TO FIND OUT MORE?

by Mr Wright

To find out more or to get in touch
about careers and CPSHE, send your
email to L.wright@stmcollege.org.uk



 @stm_cpshe



SHOUT-OUTS!

by Mr Wright

At STM, we are very proud of Ruth Grace Crosby in 8S. Ruth Grace is an ambassador for Friends of Rosie and she is using her experience to support young people with cancer and to raise funds for cancer research. Also, Ruth Grace made a guest appearance on @BBCNWT #proud #community

Watch Ruth Grace's incredible and inspirational video using the QR code below





SHOUT-OUTS!

by Mr Wright

A huge shout-out to 7O for creating amazing form prayers which form a part of our daily prayer and reflection. Here is a sample of their outstanding work:

Form Prayer



By
Layla

Dear Lord,

Thank you for everything you have done for us as a form. You helped us build up our confidence when we first came to St Thomas More. Thank you for giving all your love to our form. Thank you for letting us have a great, loving form teacher. And also, thank you so much for leading our form to be a healthy, amazing, proud and well-mannered form group.

Amen

Form Prayer



By
Kaja

Dear Heavenly Father,

We ask from you this year to shine the brightest light on us as we start a new chapter at St Thomas More. Please help us always make the right decisions through learning and friendship. Thank you for helping us get through the first week of High School and making sure no trouble harms us.

Lord Heavenly Father,

Amen

Form Prayer



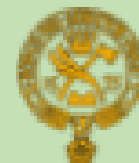
By
Tyler

Dear Lord,

Guide our form to an excellent future. I hope you can forgive us for any sins we make along the way. Guide us through lessons to help us to be the best of our ability. Thank you, Lord. Hear our prayer.

Amen

Form Prayer



By
Jessica

Dear God,

Guide us through our time at St Thomas More and help us to be strong enough to ask for help from our teachers and each other. Show us how to help each other throughout the day if we are feeling sad. Remind us to be grateful for the new people we meet and for our new school experience.

Amen



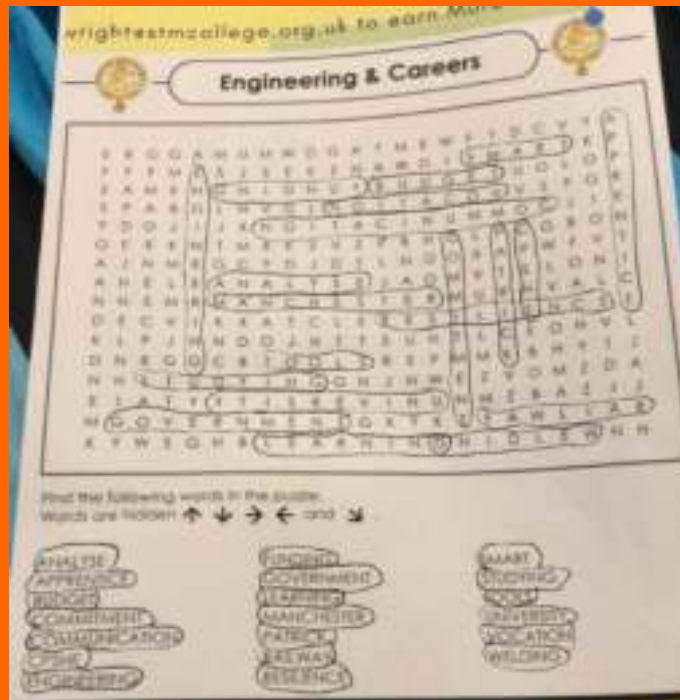
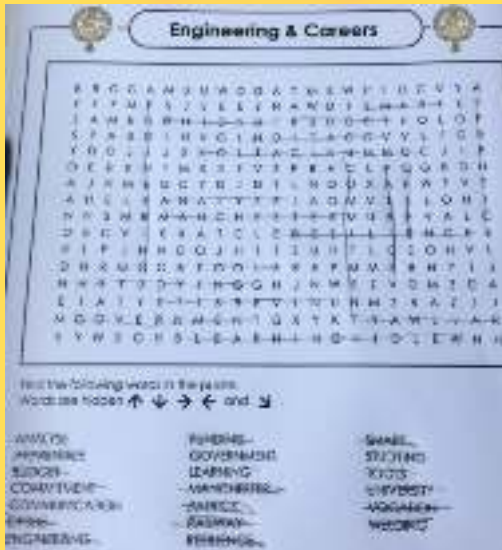
SHOUT-OUTS!

by Mr Wright

Congratulations to Charlie Goddard, Libby Taylor and Evie Moran for being the first two pupils to complete last edition's wordsearch with great speed!

50 MORE POINTS AWARDED TO:

EVIE M
(Y9)



CHARLIE G
(Y7)



LIBBY T
(Y8)



LIAM D
(Y8)



SHOUT-OUTS!

by Mr Wright

Ms Tindale's form (90) have created fantastic *Thank You Key Workers!* mindfulness art pieces based on a feature in the previous edition of the STM Careers Standard. Absolutely excellent work! #talent



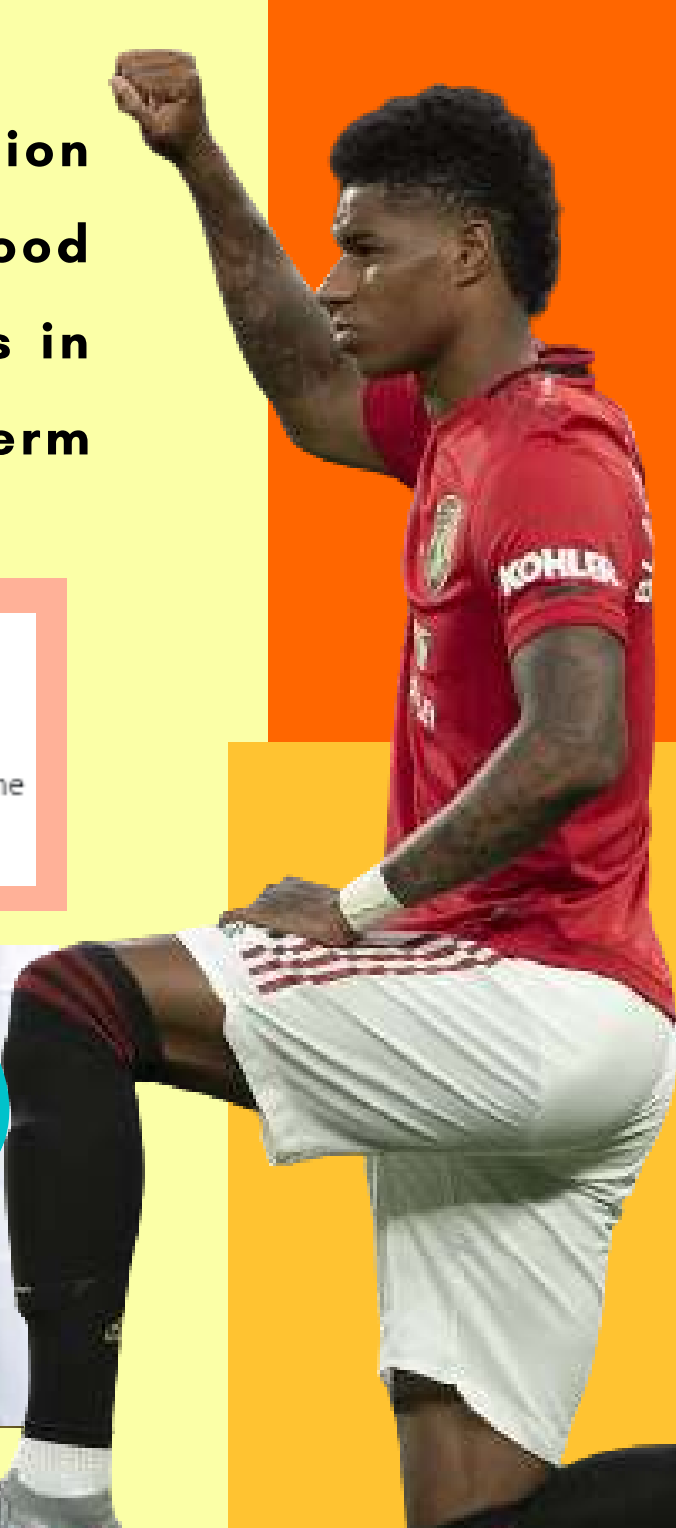
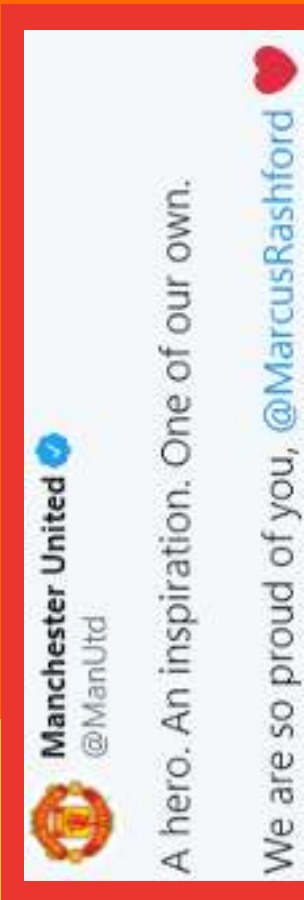
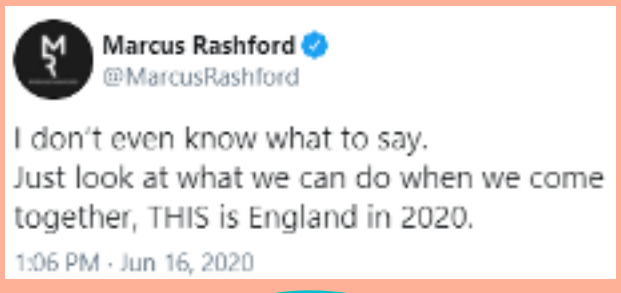
@stm_cpsh



SHOUT-OUTS!

by Mr Wright

Mr Marcus Rashford utilised his democratic rights, which you learn about in CPSHE, as well as his celebrity to pen an open letter to Members of Parliament and launch a campaign which resulted in the government making a 'U-Turn' (changing their mind) on their controversial decision to not provide food vouchers to families in need outside of term time.



SONGS ABOUT WORK

by Mr Wright



"If something is wrong, fix it now. But train yourself not to worry, worry fixes nothing." - Ernest Hemingway

Artists have often communicated careers through music!

Check out, The Beatles' "A Hard Day's Night." The title of the song originated from something that Ringo Starr said. In a interview, he said that they had worked all day and night on a job!



This song will highlight to you the importance of balancing work and life!

Be sure to check out the Official STM CPSHE Twitter feed for regular information about careers, colleges and PSHE! including interesting #OnThisDay facts!



FREE 'HEALTH CAREERS' BOOKLET HERE



 Allied health professionals (AHPs) Speakers who hear and rehab those From art therapists to physiotherapists.	 Medical associate professions Supporting doctors and nurses to release their time for more complex cases.
 Ambulance service team More than just the lights, you'll be a caring, calm, good communicator.	 Midwifery Supporting women in childbirth and hospital before, during and after childbirth.
 Dental team Looking after the oral health and overall health of patients.	 Nursing A huge range of specialisms including children's nursing and mental health.
 Doctors Preventing ill health, treating disease and improving wellbeing - in 60+ specialities.	 Pharmacy Dispensing and offering advice about medicines for staff and patients.
 Health informatics The experts who use information and technology to drive patient care.	 Psychological professions Tackling mental health problems and promoting wellbeing.
 Healthcare science Experts in technology and science to prevent, diagnose and treat disease.	 Public health Encouraging people from flaws in their health and helping them stay healthy.
 Management Managing people, money, buildings and projects to keep the NHS moving forward.	 Wider healthcare team Keeping the NHS moving - feeding patients, delivering supplies, insurance etc.

350 Careers, One NHS: Your Future provides information about: what it's like to work in the NHS 65 different NHS careers NHS values The careers information inside is colour-coded to make it easy to find information in 14 career categories, and there are details about where to find out more and how to reach us on social media.



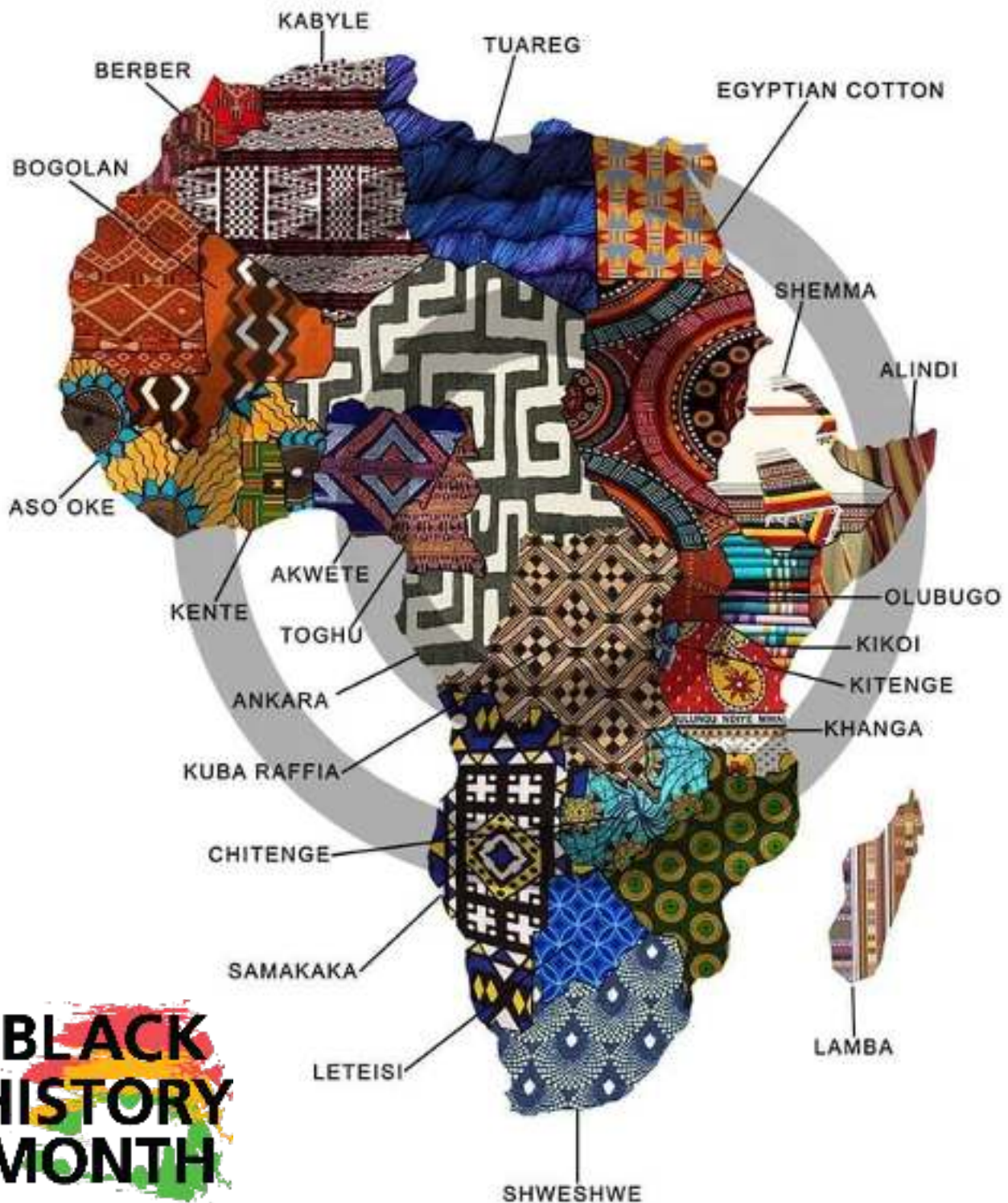


COOL GUIDE TO...

THE MANY FABRICS OF AFRICA

by Mr Wright

FABRIC MAP OF AFRICA



**BLACK
HISTORY
MONTH**



COOL GUIDE TO...

GETTING THE

by Mr Wright

ADVANTAGE IN WORD GAMES

If you love playing Scrabble or Bananagrams here is a helpful guide to give you the edge over your opponents and help clear those tiles!

25 WORDS EVERY SCRABBLE PLAYER MUST MEMORISE

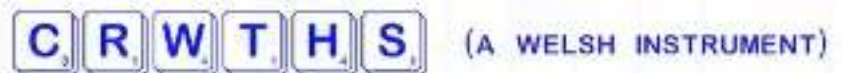
1. THE 10 TWO-LETTER VOWEL WORDS:



2. LONGEST WORD W/ ALL VOWELS:



3. LONGEST WORD W/ ALL CONSONANTS:



4. HIGHEST POSSIBLE SCORE ON FIRST TURN:



5. THE 2 LETTER WORDS W/ NO VOWELS:



6. BEST PLAY TO CLEAR RACK OF VOWELS:



7. THE HIGHEST SCORING 2 LETTER WORDS:

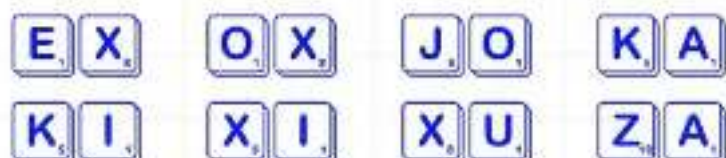




PHOTO OF THE MONTH

Check out this photograph of a **100 million-year-old** spider attacking a wasp preserved in amber fossil



Have you taken or found a photograph that you want featured in the next edition? Tweet it to [@stm_cpshe](https://twitter.com/stm_cpshe) or email it to Mr Wright. Each month the featured photograph will receive More Points!

WANT TO JOIN THE EDITORIAL TEAM?

by Mr Wright

Pupils, do you love reading, writing and researching?

Do you want to work on and build news skills?

Are you actively interested in the ever-changing world of work?

Maybe you want to want to add something impressive to your CV?

Why not join the 'STM Careers Standard' team?

Where you can research and write for our brand new careers magazine!

Email Mr Wright (L.wright@stmcollege.org.uk) for more information.



USEFUL LINKS TO KICK-START YOUR CAREERS RESEARCH

by Mr Wright

There are lots of amazing resources out there for you to check out and build your careers knowledge or even begin researching a career of interest!

A site **full of job profiles** to learn more about a range of careers

<https://www.prospects.ac.uk/job-profiles>

The **official government website** for information, advice and guidance to help you make decisions on learning, training and work.

<https://nationalcareers.service.gov.uk/>

WANT TO RESEARCH MORE ABOUT LOCAL COLLEGES? *by Mr Wright*

Here is a list of local colleges and providers to begin researching your future destinations. Simply scan the QR code with your phone to be taken straight to their website!





FAO: YEAR 11 - COLLEGE OPEN DAYS

QR
Code

College

Info



Virtual - October 10th and 18th 2020. Visit <http://www.xaverian.ac.uk/open-days/> for further details on open days



Need to register for Virtual Open days via Loreto's website/QR Code



Applications open online from Saturday 26th September



Applications now open & Virtual Open Evening on Tuesday 20th October 5pm-8pm



Check Clarendon's website for further details and prospectus



Applications open online now. Visit website for further information



Visit The Manchester College's website for details on virtual open days



Virtual Tour available on Stockport College's website

REMEMBER: CHECK THE WEBSITES OF THE COLLEGES YOU WISH TO APPLY TO FOR FREQUENT UPDATES



REMEMBER TO EMAIL
POSITIVE STEPS FOR
BRILLIANT CAREER
ADVICE & GUIDANCE

CAREERS@POSITIVE-STEPS.ORG.UK



POSITIVE STEPS
SUPPORT | CHALLENGE | CHANGE



@PositiveSteps



@stm_cpshe

ABOUT THE STM CAREERS STANDARD

The STM Careers Standard Magazine is a half-termly publication of the pupil-led Editorial Team at St Thomas More RC College, Denton.

You can keep up-to-date with life at STM with the following social media accounts at:



@STM_College



@stm_cpshe



@stm_englishdept



@STMMusic2



IG: stm.history



Main website

COMING SOON!

by Mr Wright

Consider joining STM: Amnesty!

Would you like to join the brand new STM Amnesty Club and make a real difference in our world?

**AMNESTY
INTERNATIONAL**



Lookout for notices in the daily bulletins!

In the meantime you can follow Amnesty International at:



@AmnestyUK



@amnesty



Be sure to follow @stm_cpshe on Twitter for all things colleges, careers, CPSHE, and tweets to make a difference!



@stm_cpshe

**IF YOU TREMBLE
WITH
INDIGNATION
AT EVERY
INJUSTICE,
THEN YOU ARE A
COMRADE OF
MINE.
-CHE GUEVARA**



IN MEMORIAM

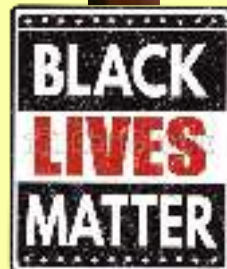


RIP Frederick 'Toots' Hibbert (1942-2020)

Frederick Hibbert is considered one of the founding fathers of Reggae music. Famous for his hit music as the lead singer of Toots & The Maytals in the late 1960s and early 1970s, Frederick passed away in September from Covid-19 symptoms in Kingston, Jamaica. His publicist Claud Mills said "Jamaica has lost a great cultural icon. The soul of an age has died."

RIP Toots.

Listen to ***Time Tough***, one of his hits, using this QR code:





IN MEMORIAM



RIP Ruth Bader Ginsberg (1933-2020)

Ruth Bader Ginsberg sadly passed away on the 18th September at the age of 87 due to complications of metastatic pancreatic cancer. She was the second woman ever appointed to the U.S. Supreme Court. A tenacious dissenter who was recognised widely in her later years as the leader of the court's liberal wing, Ginsburg was a trailblazer in the legal fight for women's rights in the 1970s.

Rest In Power Ruth.





WE ♥ NHS



WHEN SOCIAL DISTANCING ISN'T POSSIBLE ...

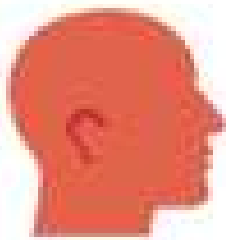
WEAR A MASK TO PROTECT YOURSELF AND OTHERS

COVID-19 Carrier

Healthy Person

RISK OF SPREAD

WITHOUT MASK



HIGH



WITHOUT MASK

WITHOUT MASK

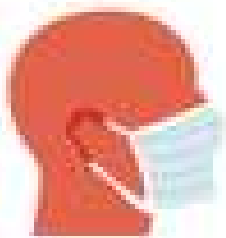


RATHER HIGH



WITH MASK

WITH MASK

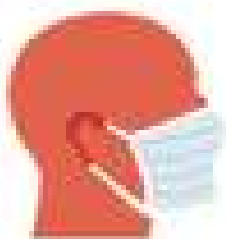


LOW



WITHOUT MASK

WITH MASK



VERY LOW



WITH MASK