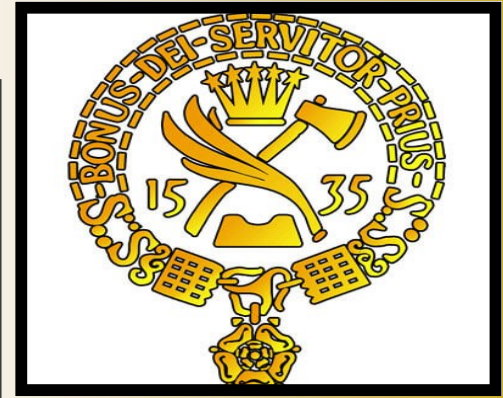


PE

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Human Dignity (treating all people with respect)	Topics KS3 Team sports Ethics in sport KS4	Skills Teamwork Communication skills
Community and Participation (teamwork)	Topics KS3 Team sports Extra- Curricular	Skills Representing the school
Stewardship (Care for Creation)	Topics , orienteering, or outdoor team games highlight the importance of preserving natural environments for future use	Skills Practices like tidying up equipment, minimizing waste (e.g., reusable water bottles), and proper disposal of litter after games.
Peace & Reconciliation (calm and forgiving approaches)	Topics Handball, Football, Indoor athletics etc	Skills Team-building Exercises: Use activities that require collaboration to succeed (e.g., trust falls, group balancing challenges). Non-competitive Games: Play games where success is achieved through teamwork rather than winning or losing, like building obstacle courses together.
Solidarity (unity and togetherness)	Topics Relays and Group Tasks: Activities where success depends on the group working together, such as relay races, problem-solving obstacle courses, or human pyramids.	Skills Communication, team work
Option for the poor (Ending injustice)	Topics Use mixed-ability teams to ensure everyone has a chance to participate and contribute. Introduce modified rules or adaptive equipment to include students with different physical abilities. Highlight and celebrate diverse contributions, whether athletic, strategic, or supportive.	Skills discussions, and group dynamics to promote fairness, inclusion, and respect for diversity.